

Times of Shrewsbury

March 2014



Question: Might it be possible to do a story on Food in Shrewsbury? The March issue would be perfect timing to let things percolate and set the stage for this year's gardening, CSA buy-ins, and expectations of farmer's markets etc. *Submitted by John Davis*

CSA FARMS: KEEPING SHREWSBERRIES WELL-FED

Shrewsbury is a wonderful place to live for many reasons, like our forests full of wildlife and our dedicated road crew. The farms that dot our hills are another asset to the community, with fresh grown veggies or well-raised meat just a quick trip on back roads, avoiding the sometimes dreaded trip to Rutland.

Some of our farms offer CSA shares. CSA stands for Community Supported Agriculture. To join a CSA, you make an up-front payment to a farm for a season's worth of veggies. This helps farmers pay for important spring expenses, when income is at a minimum. In exchange, the farmers give you abundant "shares" of fresh vegetables or other foods every week of the season. Each farm's program is a little different, but often recipes are shared and friendships are made. As a member you save money, keep your dollars circulating right in town, and get to eat delicious, fresh food.

Shrewsbury boasts three CSA Vegetable Farms, scattered across town. All three grow with organic methods, meaning that harmful pesticides and fertilizers are avoided.



Caravan Gardens is the farm of the Sirjane Family. Their fields are on Route 103, north of Cuttingsville, and they operate a farm stand in collaboration with Spring Lake Ranch. Martha generously offers her

wisdom of herbs and healing, while Podge employs creative techniques and interesting antique farm tools. A chat with daughter Cedelle in the farm stand, or son Emmett in the field, is well worth your while.

Their summer CSA offers both a free choice and a pre-packed share. Free Choice members are able to use their "green card" anytime that the farm stand is

open, often 5 days per week. The pre-packed shares are available in three sizes ranging from \$200-\$450. Members are encouraged to go out in the garden and are able to buy other local goods like blueberries and maple syrup, as well as Caravan's herb vinegars and dry flowers. Popular CSA items include sweet corn and melons. For more information call 492-3377 or email caravangardens@gmail.com.



Evening Song Farm is run by Kara Fitzgerald and Ryan Wood-Beauchamp. The couple moved to their first farm on Route 103 south of Cuttingsville in

2011 and had a successful first season until Irene washed away their farmland. Their new fields are on Shunpike Road, where they will move once their house is complete. Their CSA offers veggies from spring through late fall, and they are hard at work growing winter greens as well. The farmers are ambitious and have constructed two greenhouses for winter growing.

Their CSA offers flexibility and free choice, including pick up at three different locations and veggies set up in a farmers market style for their members to choose each week. They offer small, medium, and large shares for each of three seasons: summer shares run June 20-Nov 1 and are \$345-540, with spring and fall shares for \$140-215. Shrewsbury pick-up is at the old farm on Route 103. For full details: eveningsongcsa.com, call 358-0011 or email eveningsongcsa@gmail.com.



Alchemy Gardens was founded by my husband Scott and I in 2010 while we were managing Pierce's Store. Though we live on Frank Lord Road in Shrewsbury, our main crop fields are

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currently in West Rutland, with plans to grow close to home next year. Our greenhouse is right at our house, and is where we grow lots of plants for home gardeners and ourselves. We focus on using nutrient-dense farming techniques, to ensure that our veggies are packed with nutrition and delicious flavor.

CSA members have the option of a free-choice share or a pre-packed share. Some folks like the surprise and challenge of cooking the veggies in their bag, while others need a more flexible schedule and want to choose. Shares run June 22-Oct 25 with small, medium, and large priced \$225, \$375, \$550 respectively. CSA members are welcomed to an on-farm tour and celebration as well. Shrewsbury pick-up is at 224 Frank Lord Road. For

more info: call 492-2087, alchemygardensVT.com, or email alchemygardens@gmail.com.

These three farms are talking about a collaborative CSA program, where you could support all three farms equally. If you are interested in this option, please let us know.

When you buy food, consider asking yourself two questions:

1. Is this purchase supporting my neighbor?
2. Is this purchase good for my health?

When you join a Shrewsbury CSA, you can happily respond yes to both questions, and feel great doing so.

Article by Lindsay Courcelle

Editors' Note: Gardeners' Round Table program featuring these growers will be held March 21 at the Library



SHREWSBURY 2014 ANNUAL TOWN MEETING

Monday, March 3, 2014 – Informational Meeting at the Meeting House, 88 Lottery Rd.

School portion will begin at 5:30pm; Town portion will commence after completion of the School portion.

Shrewsbury Mountain School will be fund raising by serving refreshments during intermission

Tuesday March 4, 2014 – Annual Town Meeting Election at Meeting House, 88 Lottery Rd.

Polls open 10:00am to 7:00pm [Warning and sample ballots on the web.](#)

Last day to register to vote in the Annual Town Meeting Election is Wed, February 26, 2014 @ 5pm (Town office). Early / Absentee voting can be done up to close of business Monday March 3 at the Town Office.

I hope to have the results of the Annual Town Meeting Election posted on the web late Tuesday night.

Submitted by Mark Goodwin

The Times of Shrewsbury

The *Times of Shrewsbury* is published monthly February through December. It is compiled by volunteers from material submitted by residents with the goal being to keep townspeople informed of what is happening in Shrewsbury. The views and opinions expressed in articles are solely those of the author and not necessarily those of the editors.

All submissions must be accompanied by the name and phone number of the submitting person. All items submitted for publication are subject to editing for length and clarity. If Letters to the Editor exceed 350 words, they will be subject to editing for length. Any opinion piece will be deemed to be a Letter to the Editor subject to this policy. All items including letters are printed at the editors' discretion. A letter writer of any letter that names a Shrewsbury resident or organization in a critical manner must get copies to that resident or organization and to the *Times* by the 10th of the month prior to publication or it will not

run. If the named individual or organization indicates in writing to the writer and to the *Times* that they choose not to respond, the letter will run. If the named entity responds, the response and initial letter will run in the same issue.

There is no charge for: jokes, poems, essays, nature reports, family event announcements, or feature articles or letters that are non-political and non-commercial.

Articles and Advertisements: Deadline for submission is the 20th of the month prior to publication; exceptions will be announced in the prior month's *Times*. If you have any questions, please email shrewsburytimes@gmail.com or call Chryl Martin at 492-2244.

Best Formats: *Articles:* Word or in an email message with no formatting. *Photos:* JPG. *Ads:* PDF file or Word document.

Monthly Advertisement Fees: Full page \$60; 1/2 page \$25; 1/4 page \$10; Business card \$5; Classified ad (15 words) \$2. Payment is due by the 20th of the month prior to publication.

Co-editors: Sandra Korinchak & Chryl Martin

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Email: shrewsburytimes@gmail.com

Online: www.shrewsburyvt.org and www.rutlandrpc.org/townnewsletters.ph

SHREWSBURY COMMUNITY CALENDAR

Feb 26	5pm	*Last day to register to vote in March 4, 2014 election
Mar 3	5:30pm	*Informational meeting at the Meeting House
Mar 4	10am-7pm	*Annual Town Meeting Election
Mar 4	7pm	*Computer Hours at the Library
Mar 7	7:30pm	*Gary Shattuck will talk about his new book at Shrewsbury Library
Mar 11	12 noon	Senior Luncheon at 99 Restaurant in Rutland. RSVP to Lillian Rohe at 492-2300
Mar 12	12noon	*Prayer Shawl group meets at home of Tess Williams
Mar 14	5-7pm	*Wine tasting at Pierce's Store
Mar 15	7pm	*Tom Mitchell Memorial Variety Show at Meeting House
Mar 16	4pm	* Famous Books Book discussion at the Library
Mar 21	7:30pm	*Gardeners' Round Table program at the Library
Mar 23	4pm	*Science Book Club discussion at the Library
Mar 22-23		Vermont Maple Syrup Open House Weekend (visit a sugar house!)
Mar 25	7pm	*Computer Hours at the Library
Mar 29		*Grafting Workshop sponsored by Shrewsbury Institute for Agricultural Education

* see elsewhere in newsletter for details



Deadline for submission to *Times of Shrewsbury* is by 5:00pm on the 20th of each month.

REGULAR MEETINGS and EVENTS

Board of Selectmen Meeting	1st & 3 rd Wednesdays—7:00pm at Town Office
Bone Builders	Tuesdays & Thursdays—9:00am at Meeting House
Library Trustees' Meeting	2 nd Tuesday—7:00pm at Shrewsbury Library
Mill River Union School Board Mtg	1 st & 3 rd Wednesdays—7:00pm at Mill River Union High School
Pierce's Store Take-Out Meals	Friday nights
Planning Commission	1 st & 3 rd Mondays—7:30pm at Town Office
Religious Society of Friends (Quakers)	Sundays—10:00am at Shrewsbury Library, upstairs
Shrewsbury Community Church Worship	Sundays—10:30am at Shrewsbury Center Church
Shrewsbury Historical Society Museum	Closed for the season. For appointments call 492-3324.
Shrewsbury School District Board Mtg	2 nd & 4 th Mondays—6:30pm at Mountain School
Shrewsbury Sno-Birds	2 nd Tuesdays—7:00pm at the Snow Angel Tavern in Mendon
Shrewsbury Volunteer Fire Dept.	Thursdays—7:00pm at Cuttingsville Station
Conservation Commission	1 st Tuesday—5pm at Town Office

Shrewsbury Town Website: www.shrewsburyvt.org

Town Clerk's Office 492-3511
Mon-Thurs 9am-3pm; Closed Friday

Town Treasurer's Office
492-3558 or 492-3487
Wed 5pm-7pm

Transfer Station
Sun 8am-4pm & Wed 1pm-7pm

Shrewsbury Town Library 492-3410
Mon, Fri & Sat 10am-Noon
Tues & Thurs 7pm-9pm
Wed 10am-5pm AND 7pm-9pm

Cuttingsville Post Office 492-3585
Mon-Fri Counter 8am-11am & 12:30pm-4:30pm,
Lobby 7:30am-5:00pm
Saturday Counter 8am-10:30am; Lobby 7:30am-10:30am

Meeting House 492-6050 (Reservations: 492-3649)
Health Officer Daphne LeaHemmer 773-7157
Emergency Management Bert Potter 773-2272

Ambulance 773-1700
CVPS power outage 1-800-451-2877
Medical—Fire—Police Emergency Dial 911
Rutland Hospital 775-7111 110713

LETTERS TO THE EDITORS

Fellow Vermonters,

Would you believe it if I told you that our elected officials in Montpelier decided to solve the problems of our declining dairy industry by slaughtering all the cows and designing new and improved cattle? You don't believe it? Well, what is actually true is that our legislators in Montpelier are seriously considering abolishing all school districts and designing all new larger (better?) districts. The reasons they profess for these actions and the real reasons are two very different things.

For years they have been banging out the message that increasing school costs are out of control, that schools have not controlled costs as student counts declined, that costs are driving our taxes up and that we are not getting the education quality we are paying for.

Vermont's total educational spending increases have averaged 1.45% the past 6 years. Here in Shrewsbury over the past 6 years, elementary student counts have increased by 17% while spending has only increased by 10%. Yet our taxes go up. Over the last 9 years our total (Elem. and Sec.) spending has declined by 2.6% while taxes increased by 17%. So effective is the anti-school spending messaging that some voters still don't believe Shrewsbury's 10 years of below average spending. Just yesterday a neighbor said he saw my letter last month, "ah" he said, "you did not include that new roof in your figures". I told him yes we did. He replied "But your spending should be going down because you have less students". I told him about our increase in students.

Many pundits point out that as Vermont's student count has declined, school staffing has not declined by as much and this is driving up costs. They love to point out our low student to teacher ratios. They neglect to mention that Vermont's total staffing costs per pupil remain the same as neighboring states (MA, CT, RI, NY, NJ). The truth is that while we enjoy the benefits of less students per teacher, districts have been creative with staffing (combining grades, using para-professionals) and health insurance increases have been blunted by statewide collaboration to create the Vermont School Boards Insurance Trust.

Then there is the "bigger must be better" theory that seems to be rampant in Montpelier. Bigger must be more efficient is the cry heard even though consolidating "central office" functions has never been shown to save money. Have you ever known bigger bureaucracy to lead to cost savings? Besides central office

administrations costs are only around 2.5% of school expenditures. While the rest of the country is coming to the realization that students do not learn well in mega schools and are searching to ways to downsize, we continue to hear about the need to close small schools and create larger ones.

So why are taxes going up faster than spending increases? Property taxes are contributing a greater and greater share of the revenue as transfers from the State's general fund shrink yearly. Additional programs (adult and prison education, college tuition) are funded out of the Educations fund.

The quality of Vermont's education has always ranked at or near the top of just about all measurements. This does not mean that we can stop striving for better outcomes for our students.

So if all the professed reasons for demolishing our education districts are false, what is the real reason? Because they can. While the Brigham decision and Act 60 did many good things, we handed the purse strings to Montpelier. They forget power is insidious, it corrupts with subtlety, and it breeds arrogance. Legislators think they must do something (because they can) and they have been deluded into thinking they have the wisdom to know what is best.

Please let Montpelier know, that just because they can, does not mean they should.

Ed Hemmer

Editors' Note: The author chose to not have this opinion piece edited for length and therefore paid for its publication as submitted.

Kudos to Our Road Crew!

The Shrewsbury road crew does a fabulous job of keeping the roads plowed, especially during big storms like the one we had recently. This is abundantly obvious to me when I leave work at the north end of Rutland on a snowy day and "white knuckle" drive my way through the city. It's only when I reach the Shrewsbury town line that I can breathe a sigh of relief because the roads have been plowed so cleanly and in such a timely manner.

I can be heard bragging about what a good job the Shrewsbury road crew does to people outside of our town, so it only seems fitting that I write this letter to officially thank each member of our road crew for their hard work and a job well done!

*With Much Appreciation,
Darcy Nelson*

LETTERS TO THE EDITORS *(continued)*

Thanks to Ed Hemmer and John Wood

We want to express our appreciation to Ed Hemmer and John Wood for their time, respectively, as Mountain School Director and Shrewsbury Selectman. Ed's 11 years on the School Board are evidence of his strong commitment to public education; his knowledge of budget and finance issues has benefitted our School District, as well as local taxpayers. Woody has been a thoughtful and capable presence on the Selectboard, accessible to people and attentive to their concerns. His oversight of FEMA storm recovery projects has ensured that these projects are well conducted and properly funded. Thank you both, Ed and Woody, for your service to our town.

Jonathan Gibson and Eliza Mabry



SHREWSBURY VOLUNTEER FIRE DEPARTMENT

Forest Fire in January?

In the history of the SVFD, members have responded to hundreds, if not thousands, of calls in Shrewsbury and surrounding regions. In that time, it would be fair to say that no two calls are ever the same, much like the comparison of snowflakes. That is why it should not have come as a surprise that we would have a call of "fire in the treetops near Pine Valley Farm" on a cold January evening. Firefighters all over town responded to what turned out to be...a rather large blaze in the top of a pine tree on the Lincoln Hill Road site. Shrewsbury brush fires normally roar along the ground through the forest where volunteers establish fire lines. Pack pumps and brush gear are brought out as ground cover burns, oftentimes rather quickly, while the department does its best to extinguish the fire. These fires normally happen in March and April after the snow has melted and the ground has dried, leaving the forest floor tinder dry until spring rains start to green things up. This time, however, the fire was a "tree topper" like one might encounter in the great western forest fires. Being only one tree made the attack fairly simple. This involved charging an inch and a half line, and with the new nozzles purchased from last year's annual mailer, the fire was soon history. This became SVFD's smallest ever "forest fire".

Fortunately, calls this winter for the SVFD have been few and relatively minor in contrast to those reported in the daily headlines from around the county where serious structure fires have occurred. The SVFD has responded to a few minor car accidents, two chimney fires, and a few reports of carbon monoxide de-

tectors going off. We commend the vigilance of our Shrewsbury neighbors in their safe practices which have resulted in so few emergency calls. Emergency responses in subzero temperatures are not only difficult, but dangerous to both personnel and equipment.

In other business, the department visited Spring Lake Ranch to tour the larger buildings and dormitories and pre-plan emergency procedures. Physical plant manager John Freeman graciously toured members through the complex, pointing out the location of dormitory rooms and evacuation exits. He also showed the firefighters access areas, heating plants, LP gas sites and shutoffs, access roads and parking areas, as well as discussing smoke and CO detectors and staff expectations during drills and actual emergencies. Being quite an extensive campus of mostly wood frame structures, the Spring Lake Ranch is a site with which the department needs to be familiar. Pre planning for emergencies is an important part of the SVFD's role to prepare for situations in many of the higher risk areas of our town.

On February 27, the SVFD was host to the Rutland County Mutual Aid Association meeting. The focus was to discuss issues regarding things like dispatch communications, coordinated fire efforts, support vehicles, fire grant information and much more. Ray Dambrackas is our County Representative from Shrewsbury.

And finally, speaking of Ray Dambrackas, the SVFD was proud to hear that Mikayla, daughter of Ray and Debbie, became the second girl to score 1000 points in basketball at West Rutland High School where she is a senior. Mikayla and her family have been involved in the SVFD for many years with her dad being an active member, her mom in the auxiliary, and her brother, Jesse, also a firefighter and now training to become a state police officer. Mikayla, along with her mom, dad, brother and sister, Casey, have been helping with coin drops and ham suppers for years in addition to attending many conventions and participating in all department activities. We applaud Mikayla and her family on this great achievement. Way to go Mikayla!

So, for the month of March, continue to be fire safe, and be careful on the roads. We'll look forward to seeing folks at town meeting.

Submitted by Bob Snarski

TIMES OF SHREWSBURY
Is online at the town website at
www.shrewsburyvt.org

LIFE AT PIERCE'S:

A Marvelous Marvel of Marble-Top Tables

Last summer, my 83 year old father felt overwhelmed with the amount of stuff he had in his Maine home. I, too, shared his anxiety and was quite happy to help him when he decided to have a yard sale. First, we had to gather things in the house that he was willing to part with. We both discovered that sometimes despite your best effort it is not so easy to let things go. One such item was a marble-top table.

While rummaging in his attic, I discovered a base of said marble-top table held together by string and toothbrush. I brought it downstairs to throw it away when my father commented, "Oh yeah, I've been meaning to fix that". I can assure you it had been in disrepair for at least twenty-five years.

Next in "Operation Clean Out", we focused our attention on the garage where I found the marble-top to the base of the table. It was in the same sad shape as the base. Tim, my handy partner, even agreed it was beyond repair. After lengthy discussions, my father reluctantly decided to add it to the yard sale pile.

On the night of his decision, we celebrated his birthday at a friend's house. In her living room sat a marble-top table in beautiful condition just like the one my father did not want to part with. Tim and I chuckled when we saw the table, "Oh no, the table!" Luckily, my father did not notice the table and his remained in the yard sale pile.

The next day, Tim and I drove back to Vermont. We,

too, had decisions to be made. We were interested in renting the Pierce's house and wanted to walk through it a second time. We contacted Joyce who was in charge of finding a tenant for the house. She graciously let us walk through it again.

The house had been freshly painted since our last visit with many of Marjorie's furnishings removed.



Only a few pieces remained. An old Grandfather clock built by Glendon in honor of Gilford stood in the corner of the living room (Gilford's plane was tragically shot down in World War II and he was never found leaving a hole in the hearts

of his young bride, family and friends). Numerous elegant mirrors were scattered about. Upstairs in Gordon's bedroom, all the furniture was still arranged exactly as it was in his day.

But what did we discover when we opened up the closet door in what was once Willie and Gertrude's (Marjorie's parents) room? Yes! You guessed it, the same marble-top table we had spent the last three days helping my father purge. A beautiful ornately-styled table with a marble-top. And with that, we tabled any further indecision about renting Marjorie's house.

Stacy McKiernan

Fully Furnished House for Rent

Call Ginny or Dan
802 492 3504

This is a Non Smoking Property
1750 Ft Sq on First Floor
Very large Bonus Room Downstairs
3 Bedrooms, 3 Baths
Two Fireplaces
Very Large Walk out Deck in Rear
Lots of closets and Storage
\$1200.00/Mo. Plus Utilities
First, Last and Deposit Required

2014 Dog Licenses



Dog Licenses are now available at the Town Office or by mail. A current rabies certificate must be on file prior to obtaining a license. Vermont Law indicates that all dogs or wolf-hybrids older than six months old shall annually on or before April 1 be registered. 20 V.S. A. §3581. There will be a late fee after April 1.

Fees: \$8 spayed / neutered,
or \$12 female / male.
After April 1 additional \$4 late fee.



Book Reviews from the Library—

Two ways to share: Please share your book reviews by writing them in the journals kept at the front desk at the Library or email to maplesugar@comcast.net
THANK YOU!

Book reviews are compiled by Marilyn Dalick

★★★★★	Fantastic!
★★★★	Compelling, page-turner
★★★	Enjoyable
★★	Just O.K.
★	Not recommended

Miss Peregrine’s Home for Peculiar Children

by Ransom Riggs

★★★

This book proves the time-worn saying that “A picture is worth a thousand words.” The story was inspired by a collection of old photographs that the author found in flea markets and private collections. He was particularly drawn to those of “peculiar” children, and 50 of these amazing and very strange photos are included in the book. This is the first book by this author, and there will be a sequel called, *Hollow City*. It begs to be made into a movie. Harry Potter fans should enjoy this book, as it is charming and fanciful—and very scary. An enjoyable read.

reviewed by Marilyn Dalick

The Immortal Life of Henrietta Lacks

by Rebecca Skloot

★★★★

This is a fascinating, non-fiction detective story about a poor, hardworking and uneducated black woman, who in 1951 unwittingly launched a medical revolution and a multimillion-dollar industry when a doctor at Johns Hopkins took her cells without even asking while she battled unsuccessfully from a savagely aggressive strain of cervical cancer. Her family finds out 20 years later, and their lives are turned upside down. Astonishingly, Henrietta’s cells are still alive today and aiding in research! The author has a B.S. in biological sciences and an MFA in creative nonfiction. This is a page-turner about cancer, racism, scientific ethics, and crippling poverty.

Anonymous Reviewer

Editors’ Note: This book has been chosen as the discussion book for the Science Book Club in March.

MESSAGE FROM MONTPELIER

For the most part, floor action to move bills has been slow. The few moved have dealt with the use of cell phones, the right of a woman to deny access to a father when the child is the result of rape, and a commerce bill. This will be the fourth time in my eight years that I have voted to not allow any hand-held device to be used while driving. It will be interesting to see if the Senate makes any changes again. We will see much more action in the next several weeks as we need to act on the capital budget adjustment and transportation bills. These are major bills that must be approved before the end of the second week of March.

My Committee on Government Operations has been busy working on bills that run the full gamut of issues that are assigned to us. We are finalizing an elections bill that came over from the Senate last spring, and are considering some changes. The biggest would move the primary date from the end of August to the first Tuesday. The push for this has come from the Department of Justice to allow for more time between the primary and general election to send and receive overseas ballots. This, after just having moved it a couple of years ago.

Our committee has taken introductory testimony on many bills assigned to us, but we will likely not take action on some of them. We did vote bills out of committee that give more protection to whistleblowers concerning misconduct or government fraud and waste. Our state will also start licensing property inspectors through the Office of Professional Regulation. This will guarantee the level of expertise required to protect house purchasers, and was supported by a report that it is needed. We are also ready to vote on changes to our open meeting laws that better define what an open meeting is, and what may be discussed in an executive session. If a violation is alleged, it gives a board an opportunity to respond or even cure it by ratifying or correcting the violation. Some of our other discussion has been around regional policing issues. It seems likely we will request a study that looks into state police contracts with towns, area dispatching cost savings opportunities, improvement of service to small communities, and the retention of our law enforcement officers.

I hope to hear from you about the issues we are considering, and I will be around during our town meeting break the first week of March. As always you can reach me at home at 802-259-2460, or with a message at ddevereux@leg.state.vt.us.

Rep. Dennis Devereux

SHREWSBURY LIBRARY

- The Library is again requesting level funding this year at \$7,500, which helps pay operating expenses that amount to over \$16,000. Please see the Town Report for details, attend the Information Meeting on Monday, March 3, and VOTE on TUESDAY, MARCH 4. We appreciate your support!
- We apologize for the frozen septic line; the bathroom will be operational in warmer weather. With Woody's guidance, we'll be addressing underground plumbing issues when frost leaves.
- After many years on the Library Board, two long-time trustees -- JOHN (WOODY) WOOD and LYNETTE OVER -- are stepping down, but not, we're glad to say, ending their service to the Library. Besides serving on the Town Select Board, and regular Library trustee responsibilities, WOODY has overseen and worked on all the Library's building needs -- from insulating, painting and clapboarding to the hand-carved sign that reads, "READ MORE." In addition to her full-time job and her large (and growing!) family, LYNETTE has been a faithful staffer and our fund-raiser extraordinaire. THANKS TO BOTH OF YOU for all you've done!
- We now have TWO OPENINGS on our Board of Trustees. If you are: *interested in being part of a dynamic organization devoted to the role of small libraries in providing books, movies, music, and information to all ages; and to maintaining a center where the community meets to exchange ideas.
- AND. if you can attend meetings on the second TUESDAY of every month; staff at least twice a month during library hours; serve on a committee; and help with events, please contact a member of the Nominating Committee: Gail Hartigan (492-3605); Lisa Sharrow (492-3732); or Dirk Thomas (492-3549). We look forward to hearing from you.

NEW DVDs include:

- *The Hungry Heart*, directed by Bess O'Brian: The documentary about opiate addiction in Vermont
- *All Is Lost* with Robert Redford: His latest, about a man alone at sea
- *Sherlock Seasons 2 & 3*: The new BBC series based on Conan Doyle

COMING EVENTS:

Friday, March 7 @ 7:30pm: GARY SHATTUCK will be speaking about his new book, *Artful and Designing Men: The Trials of Job Shattuck and the Regulation of 1786-1787*. Books will be available at the event at a reduced cost.

Friday, March 21 @ 7:30pm: GARDENERS' ROUND TABLE with 3 Shrewsbury market gardeners: Scott and Lindsay Courcelle of Alchemy Gardens; Podge and Martha Sirjane of Caravan Gardens; and Kara Fitzgerald and Ryan Wood-Beauchamp of Evening Song Farm. Bring your questions, garden successes and challenges, and hear reports from the fields.

Friday, April 11 @ 7:30pm: CHRYL & GERRY MARTIN and KRISTI & SANDY BRAGG will speak about hiking in England's scenic Lake District and on the 193 mile Coast to Coast Walk.

Both programs will take place in the Library Meeting Room. Please be aware that seating is limited, and arrive early to be sure of a place!

CONTINUING PROGRAMS:

Sunday, March 16 @ 4pm: Famous Books Book Discussion: *Light in August* by William Faulkner. We'll take two months to read this classic novel, with the 2nd discussion taking place on Sunday, April 27 (downstairs or up-, not to conflict with Science Book Club the same day!) Books are available in Library; call Joan for more information at 492-3550.

Sunday, March 23 @ 4pm: Science Book Club: *The Immortal Life of Henrietta Lacks* by Rebecca Skloot. Medical history combines with civil rights in this recent account. Books are available in the Library; please contact Margery Salmon: 492-3315.

Tuesday, March 4 @ 7pm & Tuesday, March 25: COMPUTER OFFICE HOURS with MARCOS LEVY! Marcos will hold Office Hours on the 2nd and 4th Tuesdays of March-May.

Sundays @ 3:30pm: Quilters' Group. Please contact Debbie Blecich, 492-3783.

Alternate Thursdays @ 7pm: Writers' Group: Please contact Martha Izzzi (492-3346) or Penelope Weiss (492-3345) for information.

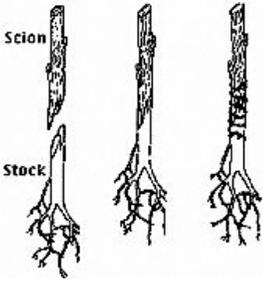
NEW BOOKS include:

- *The Improbability Principle: Why Coincidences, Miracles, and Rare Events Happen Every Day* by David J. Hand: More for those who read *The Drunkard's Walk*.

WEATHER ADVISORY: If weather is bad, please call ahead to see if we're open!

Scion Wood Swap

Anyone interested in getting or giving scion wood for grafting fruit trees can share what they have or want on the Frontporch forum at frontporchforum.com under the heading "Scion Swap".



Instead of purchasing scions, we can get them from the many varieties available in town. Make posts by March 10th.

Submitted by Davis Terrell

GRAFTING WORKSHOP

Join the Shrewsbury Institute for Agricultural Education (SAGE) and learn how to graft. The workshops will be led by Scott Bolotin who brings over 35 years of grafting experience, and has taught grafting for the Johnny Appleseed Society. This workshop is suitable not only for beginners, but also those with some experience wanting to improve their technique.

The workshops will be held at the Shrewsbury Meeting House (88 Lottery Road) on Saturday, March 29 and each session will last 2 ½ hours. Sessions begin at 10:00am & 1:30pm. Cost is \$25 per person.

Class size is limited, so sign up early. The rootstock used will be Antonovka, which is a vigorous and hardy type, producing standard size trees. All materials will be provided, including a good selection of scion wood to choose from. If you have a favorite apple in your yard or neighborhood that you'd like to replicate, feel free to bring some scion wood along. For more information or to sign up please email sagevermont@gmail.com or call 492-3377.

Submitted by Joan Aleshire

*Town of
Shrewsbury, Vermont*



*2013
Annual Report*

Annual Report Online

Town of Shrewsbury 2013 Annual Report is now available online at www.shrewsburyvt.org

*Shrewsbury Board of
Auditors: Richard Biziak,
Jonathan Gibson, San-
ford Bragg*

The Shrewsbury Variety Show is back!!!

Please join us on
Saturday, March 15
7:00pm
at the Town Hall (Meeting House)

for the

Tom Mitchell Memorial Variety Show



Sponsored by the
Shrewsbury Conservation Commission

It is time to
get your ACT together!

We are looking for music, short skits,
the spoken word, comedy, etc.
No auditions. Everyone welcome. This is a
community spirit builder!

Call Lily French @ 492-3304
or email
lilyfrench@vermontel.net to
register your act.

Let's see what you can do!

Shrewsbury Historical Society

www.shrewsburyhistoricalsociety.com

First Town Meeting 1781

Did you know that the first town meeting was held on March 20, **1781**. According to our history book, *Shrewsbury, VT - Our Town As It Was*, a state law was enacted on February 17, 1781, that each town was to hold a town meeting the following March for the purpose of electing county officers. Shrewsbury's meeting was warned by Nebediah Angel, a justice of the peace from Clarendon, and the meeting place was held at Lemuel White's (now the Smith/Sharrow Farm).

The following officers were chosen: Lemuel White, moderator; Aaron Esty, town clerk; Lemuel White, Samuel Benton and Nehemiah Smith, selectmen; Benedict Webber, town treasurer; Zebediah Green, constable and collector; Samuel Benton, Joseph Randall and William Smith, listers; and Samuel Benton, grand juror.

Prior to **1806** when the Meeting House was completed, the town meetings were held in private homes and only men were allowed to vote. (It was not until **1917** that the Vermont Legislature, the first in New England to do so, gave women voting rights in municipal elections.)

The majority of the early town meetings were held at Lemuel White's or at John Kilburn's at the Center. Because the Meeting House was not heated, sessions were often adjourned to other nearby locations such as Stephen Gleason's "west room" (now Bill and Donna Smith's Maple Crest Farm).

Town Meeting 1984

Fast forward to the year 1984. Having just moved up to our home full time, this was our first town meeting. I will always remember how impressed I was with the whole prospect of neighbors gathering to vote on issues by voice (yea or nay), raising of hands, or from time to time, casting individual votes on a slip of paper. I will always remember Arthur Patten's deep commanding voice as Moderator. The meeting in the town hall was very well attended and a light lunch was available for those who wished to eat there or go home for a spell. Some women in the audience

had their babies on their laps or were knitting or crocheting while the meeting progressed. It made me feel as if I walked into a Norman Rockwell painting. The meetings started in the morning and ended in late afternoon. The following year I was prepared with a pork roast in a slow cooker for the day and oh how good the house smelled when we arrived home in the late afternoon, all wired from the day's event.

Excerpts from NY Times, March 1993

In an article written by Sara Rimer for the *N.Y. Times* on March 8, 1993, she mentioned attending "town meeting" number 212th held the evening before the town would vote using the Australian secret ballot for the first time. "Arthur Patten said after the meeting, 'It's progress, I suppose' as he was collecting his 100-year-old gavel, his Robert's Rules of Order and his briefcase before heading home across the icy roads. Just as the meeting was about to end, the three town selectmen, the town clerk and everyone else rose and sang 'For He's a Jolly Good Fellow' to 87-year-old Mr. Patten who is retiring after being the moderator of Shrewsbury's town meetings for the last 40 years."

Rimer wrote that Mr. Patten's eyes were moist behind his glasses. In 40 years he had never missed a single meeting, even if it meant flying back from

Florida where he and his wife used to spend winters in a mobile home. "It was my civic duty," he said, reflecting on his unpaid career in local government.

Town Meeting (Voting Day) 2013

At the March 5, 2013 Town Meeting Day, all articles passed except for discontinuing the use of Australian ballot for annual budget vote and all public questions.

Excerpts of Town Meetings on DVDs

Fortunately, Con was able to video tape some of the traditional meetings before the Australian ballot system was voted in and donated them to the museum. For those who wish to reminisce or to research just what a Shrewsbury town meeting was, we have six DVDs in the museum that can be taken home for your enjoyment during the summer months when the museum is open. They are excerpts from meetings held in 1987, 1989, 1990, 1991 and 1992.

Submitted by Ruth Winkler



*Our Town's Moderator for 40 years,
Arthur Patten*



**2014 Maple Open House
March 22 - 23, 2014**

PANCAKE BREAKFAST

*Sat.. 8:00 am - 12:00 pm
by the Rutland Cairo Shrine
@ the Shrewsbury Meeting House*

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Sat. 8:30am - 4 pm & Sun. 1pm - 3 pm

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Bingo in Clarendon

The Clarendon Fire Auxiliary is having a grocery bingo to benefit the Clarendon Volunteer Fire Auxiliary on Friday, March 21. Doors open at 6:00pm and Bingo starts at 7:00pm at the Clarendon Elementary School. \$4 one strip & \$12 for four strips. Refreshments available.

Area Lecture/Discussion Programs

March 2 @ 4pm: Science Pub @ Fair Haven Inn;
Topic: Eating Oil—The Ecological Impact of Agriculture. (No Fee)

March 5 @ 7pm: Vermont Humanities 1st Wednesday Program @ Rutland Free Library.
Topic: Real and Imagined Threats to the U.S. (No Fee)

Each Friday in March @ 1:30pm: Osher Lecture Series @ Godnick Center in Rutland (Fee)



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Family Pancake Breakfast

Saturday, March 22, 2014

Shrewsbury Meeting House, 88 Lottery Road,
Shrewsbury, Vermont

7:00am to 12noon

Adult \$8.00 Children \$5.00
Smith Maple Crest Farm Sugar House Tour,
supplier of our Maple products

Benefit - Cairo Shrine Center
Questions; Please call 747-3400
or email admin@cairoshriners.com or bob@apcis.net

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NEWS FROM PIERCE'S STORE

Monday-Saturday 7am-7pm
Sunday 8am-5pm



Monday, March 17th
**we'll help you celebrate St. Patrick's Day with
Corned Beef and Cabbage in the crockpot. Rob
will also make soda bread.**

Pierce's Store Friday Night Dinners

March 14: Guest Chef Becca Rice will prepare Beef Bourguignon over Egg Noodles with Roasted Vegetables and a Salad.

March 21: Guest Chef Dianne Barclay will serve Chicken Tagine with Chickpeas and Apricots with Herbed Couscous and Date Pudding for dessert.

Meals will be available on Fridays 5:00 to 7:00pm...and on Saturday until they run out. It's best to call ahead and reserve your order!

492-3326

if you are interested in making a meal, please contact either Heather Shay at 492-2284 or Sally Deinzer at the store.

Join us for a Bordeaux wine tasting Friday March 14th between 5:00 and 7:00pm. Pierce's was able to snag some great deals (that we'll pass on to whoever wants to purchase a bottle) on some excellent 'petit chateaux' thanks to one of our distributors. Featured will be:

- Chateau Saint-Germain 2010 Bordeaux (\$11.75 per bottle), a terrific value for a very drinkable vintage Bordeaux.
- Chateau Bois Tiffroy Lussac 2010 Saint Emilion (\$16.60 per bottle), a Merlot-centered Bordeaux
- Château Listran "Cuvée Prestige" 2009 Medoc (also \$16.60 per bottle), a Cabernet-oriented Bordeaux

Sales, Sales, Sales! Regular sales will begin at Pierce's in March. Some will last the month and others will be for a week or maybe even a day. So check out our signboard outside the store or better yet, "Friend" us on Facebook (Pierce's Store) to see what's on sale. You can join our email list by writing to pierces.store@gmail.com.

Rob's menus for the month

Ever wonder when your favorite bread or soup will be fresh at Pierce's? Rob has created his usual bakery schedule so you can plan. What's shown is subject to change so you might want to call to be sure what you want is available.

	Bread	Soup or Hot Meal*	Scone, Muffin, Other Baked goodie
Sunday	French	Soup	Scones & Coffee Cake
Monday	Wheatberry or Sunflower seed	Chili	Scones / Sticky & Cinnamon Buns
Tuesday	Egg or Sesame Seed	Stew (usu. Chicken)	Scones
Wednesday	Hamburger Buns	Soup & Pizza*	Scones / Muffins
Thursday	Anadama	Stew (usu. Beef)	Scones / Muffins
Friday	Sourdough	Soup & **	Scones / Sticky & Cinnamon Buns
Saturday		Soup	Vermont Croissant delivers

* Soups, Pizzas and Friday meals from Rob's kitchen change from week to week. The anticipated schedule for March is:

Soups	Dates	** Friday Meals
Clam Chowder	3/2 & 3/16	
Butternut Squash	3/5 & 3/19	3/7 & 3/21 Lasagna
Asparagus	3/7 & 3/21	3/14 & 3/28 Mac & Cheese
Lentil	3/8 & 3/22	
Pea	3/9 & 3/26	
Ital. Veg w/ Sausage	3/12 & 3/23	
Mushroom Barley	3/14 & 3/28	
Potato Leek	3/15 & 3/30	

Date & Pizza Variety

3/5	Peppers & Onions
3/12	Caramelized Onions, and Gorgonzola & Mozzarella Cheeses
3/19	Pesto, Red Bell Peppers & Mozzarella Cheese
3/26	Sausage, Peppers & Mozzarella Cheese

Sally Deinzer, Store Manager

Daylight Savings Time: March 9



Second Sunday in March: Spring Forward, The U.S. begins daylight savings at 2am

First Sunday in November: Fall Back-- The U.S. ends daylight savings at 2am

Starting 2007, most of the United States and Canada observe DST from the second Sunday in March to the first Sunday in November. This change in the United States was part of the Energy Policy Act of 2005.



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Whistle Stop Opens Under New Management

Vicky Guitar and her children, Kristin Guitar and Kyle McQuarrie, opened the Whistle Stop on February 17th, 2014. The new official business name is Qu's Whistle Stop. The business is named after her son Kyle whose nickname in college was "Qu". They are best known for their burgers that are made with fresh beef that is never frozen and fresh baked rolls. Their menu has something for everyone. The entire menu is served all day. Get a burger for breakfast or pancakes and eggs for dinner. Dine in or take out. Cash and all major credit cards accepted (Visa, Master, Discover and American Express).

Hours (Subject to change due to inclement weather)

- Sunday:** 8am – 3pm
- Monday:** 7am – 3pm
- Tuesday:** 7am – 3pm
- Wednesday:** Closed
- Thursday:** 7am – 7pm
- Friday:** 7am – 7pm
- Saturday:** 7am – 7pm



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The Shrewsbury Community Church



Compiled by Sue Ransom-Kelley

Let the **SUN SHINE**---IN and OUT!



Rejoice with the **SOUND OF MUSIC!** We were fortunate to have Licia Gambino-Hamilton and the Shrewsbury Singers perform as a large part of our Sunday Service on Feb 16. What a gift! Thank you to all who sang!

Thank you to Marcos Levy and Aaron Schneider for providing live music for our Community Supper on Feb 8. What a nice evening! Thank you to Julanne and Earl Sharrow for decorating the town hall and the kitchen crew with a wonderful Valentines Day theme. Thank you to Crystal Kelley for helping set tables and serving food .

In addition to chocolates we had scrumptious desserts prepared by Carol Goodwin, Fran Patten, Karen Carrara, Roxanne Ramah and Lynette Over.

We had a wonderful variety of soups prepared by Tess Williams, Dyanne Barclay, Roxanne Ramah, Ruth Kinne, Lynette Over, Julanne Sharrow, Fran Patten and Rita Lane. Thank you to West Minster Cracker for donating oyster crackers.

We were also able to deliver soup and crackers to folks in the community who weren't able to get out for the supper. Thanks to all of you who helped clean up and deliver food to our neighbors.

We are still collecting donations to raise \$250 to sponsor the gift of a Water Buffalo to be sent to a family in need in the Philippines through Heifer International. We have received some donations; however, we have not met our goal yet. If you are able to make a donation please make checks payable to the Shrewsbury Community Church with a note in the memo "Water Buffalo". Please bring them to church on Sunday or send them in care of Sue Kelley PO Box 366 Shrewsbury, VT 05738

FREE COMMUNITY FOOD SHELF

at the Library in the front entry way.

All are Welcome to Come in and Help yourself any time the Library is OPEN:
Mon, Fri & Sat 10am-Noon
Tues & Thurs 7pm-9m
Wed 10am-5pm and 7pm-9pm

Community Church Calendar

Sundays 9am-10am: Center Church, join Licia Gambino Hamilton in singing music from the shape note tradition, as well as madrigals and world music.. For more info, contact Licia at 492-3792 or hamgam@vermontel.net

March 2 @ 10:30am: Worship Service and Holy Communion @ Center Church-Rev. Bob Boutwell. Please bring a non-perishable food item.

March 9 @ 10:30 am: Worship Service led by Pastor Rita Lane.

March 12 @ 12 noon: Prayer Shawl Meeting at the home of Tess Williams. Let Tess know if you can attend 492-2187. Bring a bag lunch, dessert and drinks will be provided. Dessert will be provided.

March 16 @ 10:30am: Worship Service led by Rev. Skip Dickinson.

March 23 @ 10:30am: Worship Service @ Center Church..

March 30 : Shared Service at the Wallingford Congregational Church Rev Linda Kulas.

Community Needs

Wedding, Funeral or Memorial Service Requests:
Contact Pastor Rita Lane 775-2578, in her absence

Worship Co-chair Sue Kelley 492-3738, 779-5241

Community Helping Hand Requests: Contact Pastor Rita Lane 775-2578 or Donna Smith 492-3367

Pastoral Care, Home, Hospital Visitation, Outreach Requests: Contact Pastor Rita Lane 775-2578

Soup Bowls for Hunger 2014

The eighth annual Soup Bowls for Hunger will be held on Thursday, March 27 in the Rutland High School Cafeteria. Tickets are \$15 which includes soup, roll, dessert, beverage, a hand crafted soup bowl and entertainment. There will be three sittings at 5:00, 6:00, and 7:00. Tickets must be purchased in advance at Rutland High School. All proceeds will be donated to the Community Cupboard and other local food shelves. For questions about the event or to purchase tickets, visit the Soup Bowls for Hunger event page on Facebook or call Lynn Del Bianco Hier at 770-1113.

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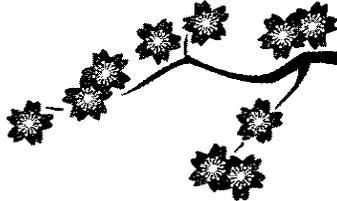
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awernick@vermontel.net

MILL RIVER UNION HIGH SCHOOL

"A play should give you something to think about."

T.S. Eliot

The Theater: There are still twelve seats in the theater that may be donated for a contribution of \$100. each. If you wish to donate a seat, please contact Marge Congdon by e-mail at mcongdon@rssu.org or call her at 775-3451, ext. 275 for more details.

Stage 40: This year's one-act production is *The Laramie Project*, by Moisés Kaufman and the Tectonic Theater Project. There will be a community performance at MRUHS on Thursday, March 13, at 7:30 pm. Tickets are \$8. It will also be performed as part of the Vermont One Act Play Festival at Rutland High School on March 15 along with productions by five other area high schools.

Mathcounts: On February 4, Mill River placed first at the Southwest Vermont Chapter Mathcounts Competition held at Castleton State College. Besides taking the top team honors, Mill River also had the top overall student as John Graves took first place in the individual competition. With this win, the Mill River Mathcounts team has qualified for the state Mathcounts competition held this month. The Mill River Mathcounts team members are Macy Wilson, Daniel Graves, Nate Whipple, John Graves, Ryan Ward, Oisin Harrington and Dylan Beebe. Mill River Mathcounts is coached by Richard Barker and Ed Robbins.

Green Mountain Music Festival: The Green Mountain Music Festival will be held on Friday, March 7 at the College of St. Joseph the Provider in Rutland. Twenty-nine musicians from MRUHS were accepted to receive the honor of participation.

Music in Our Schools: Music in Our Schools Day at MRUHS is a celebration of music education in the RSSU School District. Fifth and sixth grade chorus and band students combine with the Mill River 7th grade band and chorus students to perform two choral and two instrumental pieces, and all of the elementary schools are invited to come and watch the performance. The concert also includes pieces performed by the Mill River Jazz Lab, Cantiamo and Vivace Singers (auditioned male and female students in 7th-9th grades).

The 87th Annual New England Music Festival: This year's New England Music Festival will be held Thursday-Saturday, March 20-22 at Mount Anthony Union High School in Bennington, VT. Fifteen Mill River students were selected by audition to participate in this honors festival where they will be performing under

the direction of master conductors.

Budgets: We are somewhat lucky that the majority of our students are at the elementary school this year where the increasing enrollment numbers have kept the tax rate lower than in the surrounding towns and also tempers our overall tax rate since Mill River is now battling declining student numbers. We hope that you will support our efforts to control spending and vote **YES** March 4 on the Mill River ballot.

Note: More information on all board actions can easily be accessed on www.rssu.org/millriver, and our meetings can be viewed on PEGTV.

A Message from Principal Pomeroy:

"By the time you read this, the MRU faculty will have started meeting on Wednesday mornings in Professional Learning Communities (PLCs). The purpose of these PLCs is to allow time for staff to work together to improve learning for students. The faculty will meet in groups arranged by the Leadership Team and use protocols to do everything from "tuning" assignments and assessments to considering the data provided by the Youth and Adults Transforming Schools Together (YATST) group. Protocols from the National School Reform Faculty will be used to guide these conversations. Groups will report out their takeaways and next steps. We will be using measures of student learning from the very direct, like scores on unit tests or projects, to the more indirect, like MAP scores, to measure the success of our program. A report will be made to the board in June along with a recommendation for its possible continuation and/or improvements to be made."

Adrienne Raymond 492-3578

Sally-Anne Snarski 492-3505

Bistro 2014 – The Lullaby of Broadway

Featuring Mill River Union School's Men's, Women's, and Chamber Singers and directed by Kristin Cimonetti

Location: Brandon Inn

Date: March 28 and 29

- Friday and Saturday Evening Dinner 6pm
~Doors open 5:30 for Mingle; Dinner Tickets \$33
- Saturday Luncheon 12p.m. Doors open 11:30am Luncheon Tickets \$23 Adult/; \$19 Senior; and, \$16 Student. Children 5 and under-Free

Contact Beverly Darling for reservations; 492-3538, sbrdar@vermontel.net



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Thrive Center Yoga Workshops

The 5th Annual Winter-Spring Sampler: "Yoga Classes & Workshops" on Sundays: March 2, 9, 16, 23, 30 from 12:00 pm– 2:00pm (Ending times WILL vary) at Wallingford Elementary School. \$10 per (1 to 1.5 hr) Class and \$20.00 per (2 hr) Workshop. Workshops are open to those who are new to yoga, as well as those who are looking to grow an experienced practice. Dress WARMLY for movement. A portion of the proceeds will directly benefit Wallingford Elementary School & The Vermont Food Bank. Sliding scale fees are available upon request. Call 446-2499 for further information and to register.

Paid Political Ad

Hello Shrewsbury,

I am writing to you today to ask for your vote for my candidacy to become a Shrewsbury Mountain School Director. My husband, Phillip, and I were pleased to become a part of this community two years ago after searching for the perfect place to raise our children. Our son, Liam, enjoys the quality education he is receiving in the Shrewsbury Mountain School Prekindergarten class. Our daughter, Emily, just turned two and can't wait to go to school.

I hold a BA in Political Science from McGill University and a Dual MBA in Managerial Finance as well as Marketing from Pace University in New York. I have several years of corporate business experience and two years of overseas teaching experience. I would like to represent you to ensure that our town strikes the right balance between maintaining high quality education for our children and stretching our tax dollars further. I am asking for your vote on March 4th, 2014.

Thank you for your consideration.

Fahima Thompson

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Prescription Drug Abuse Prevention Effort

The Black River Area Community Coalition (BRACC) and the Rutland Area Prevention Coalition (RAP) are working together to provide the Shrewsbury community with information regarding Prescription Drug Abuse Prevention.

According to the 2011 Substance Abuse and Mental Health Services Administration's National Survey on Drug Use and Health (NSDUH), more than six million Americans abuse prescription drugs. Among youth who are 12 to 17 years old, 7.4 percent report past year non-medical use of prescription drugs. In the 2013 Monitoring the Future survey, 50 percent of 12th grade students reported receiving prescription drugs from a friend, while 18 percent took them from a relative without permission. Many students believe prescription drugs are safer than illicit ones, since they are prescribed by a doctor

Properly disposing of excess drugs is everyone's responsibility as a matter of public safety. Many police departments have or are now in the process of installing permanent drug take back boxes, so citizens won't have to wait for a specific take-back day to clean out their medicine cabinets. Pet medications are accepted as well. Locally, the Ludlow Police Department maintains a take back box in their lobby. Prescription drugs are accepted seven days a week from 8am to 4pm, no questions asked. Unfortunately they cannot accept liquids, hypodermic needles, inhalers or aerosols at this time. For disposal of those

items please visit www.fda.gov.

In October 2013 there were 3,429 pounds of prescription medications collected in Vermont during National Take Back Day, which is held twice a year. April 26th is the next scheduled date.

For more information please contact BRACC at 228-7878 or RAP at 775-4199.

Death Café: A Safe Place to Talk About Death

Want to take death out and talk about it openly? Representatives at the Rutland Area Visiting Nurse Association & Hospice (RAVNAH) want to change that by taking death out of the closet and talking about it openly in a discussion group format. Following the success of RAVNAH's first Death Café in November, the agency will host its second Café, this time in Brandon, at Sheri's Diner located at 25 Center Street in downtown Brandon on Sunday, March 16 from 3:00-5:00pm. The event is free and open to the public. Space is limited for the March 16 Death Café. RSVP to Ann LaRocque at 802-770-1516 or larocque@ravnah.org.

The Hospice program at RAVNAH provides care, comfort, and support for those in the final stages of life and for their families. To request hospice care support or grief counseling, to volunteer or to learn more, call 802-770-1502 or visit www.ravnah.org. For more information on the Death Café movement, visit www.deathcafe.com.

RELAY FOR LIFE FUNDRAISER

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SAVE THE DATE: APRIL 5TH, 2014
SHREWSBURY TOWN HALL 6:00 - 10:00
DJ, DANCING, FOOD & MORE!
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Shrewsbury, Vermont

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Saturday April 26, 2014

FREE FOR ALL TO ATTEND!!

**Musical Instrument
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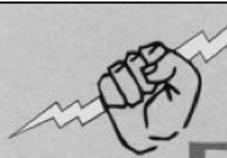
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Contact Ahmet N. Baycu baycu@vermontel.net
Let me know what you might bring and I will maintain a list on the website



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