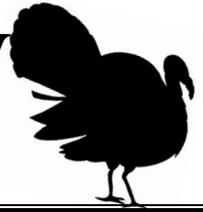


Times of Shrewsbury

November 2016



Visual Reminders of Shrewsbury's Past

High school history produced lots of yawns but on an outing of the Killington Section of the Green Mountain Club, a history lesson produced anything but yawns! The group hiked on some of the more than 10 miles of trails maintained by Shrewsbury Outing Club members within the Calvin Coolidge State Forest.

Five cellar holes and three sheepfolds are on the trails or within a short distance. Cellar holes are the foundation remnants of homes of early Shrewsbury inhabitants. One that the group passed had the earliest form of "central heating"- a chimney! (Barry Griffith says that after the Civil War wood burning stoves replaced the central chimney.) It was a very small home which makes one realize how spacious current day homes are in comparison...even what we might consider small homes.

The sheepfolds are remnants of Vermont's first boom and bust called "Merino Mania." William Jarvis (U.S. Consul in Lisbon Portugal) was able to import more than 3,000 Merino sheep into Vermont. He had a farm in Weathersfield, VT, where he bred and sold Merinos. The breeding and raising of Merinos had been a virtual monopoly of the King of Spain until the monarchy was dethroned by Napoleon. That is what enabled the exportation of the breed which was valued for having the thickest, heaviest and most valuable fleece.

Raising Merinos in Vermont initially appeared to be a quick way to turn a significant profit so many farmers switched from subsistence and self-sufficient farming to raising sheep. By 1840 Vermont had 1.6 million sheep, but by 1850 what had been a boom was a bust. Over production dropped the price for fleece from 57¢ to 25¢ per pound. Also, farmers in the Midwest could raise sheep for as little as 25¢ per head compared to \$1 to \$2 per head in Vermont. Many farmers became so indebted that they abandoned farms or sold out to neighbors. Between 1846 and 1850 two thirds of Vermont's sheep were killed.

Merino Mania coincided with Shrewsbury's highest population too. The 1830 census recorded a population of 1,289. This compares to a 2010 population of 1,056 and a 1960 low point of 445. The depopulation that happened in Shrewsbury occurred in most Vermont hill Towns where agriculture was a more marginal endeavor.



Walls of one of sheepfolds in Shrewsbury

Cellar holes, old sheepfolds and stonewalls extending for miles through what is now forest are visible reminders of land once claimed from wilderness. This required a herculean and heroic effort. But they are also reminders of hard times when much could be lost and farm failure affected not just the few but the many.

Coming upon these reminders in the most remote forests of our Town stirs the imagination as we think about the lives and times of the men and women who shared with us the Town we now call home.

Anyone wanting information about the trails in Northam can call Lee Wilson, Tim Vile, or Andy Richards-Peelle.

*Article thanks to a combination of authors using references from *Hands On The Land - A History of the Vermont Landscape* by Jan Albers*

LETTERS TO THE EDITOR

In Memoriam

The Shrewsbury Historical Society members extend their condolences to Joyce Wilson's family. On October 7, Joyce lost her courageous battle against cancer for many years, and through it all she retained her sweet smile and her commitment to many organizations in our Town. She and Lee have been staunch supporters of the museum. Joyce will be sadly missed by all.

*Submitted by Ruth Winkler, Secretary
Shrewsbury Historical Society*

Thank You

Dear Fellow Shrewsberries, Richard and I would like to express our profound gratitude for your care and concern, especially your prayers, calls and visits. A special thanks to Karen and John Lorentz for the Book of Angels. We would love to have visits anytime; except for the middle of the night :)

Sincerely, Marsha and Dick Littler

Donation Time!

The Times is mailed to all residents of Shrewsbury and is also available online at the Town website. The cost of printing and mailing is made possible through advertising and your donations. Donors are recognized for the remainder of the calendar year in which their donation is received. However, if you contribute between now and the end of this calendar year, you will be recognized for the remainder of this year and all of next year! You determine the amount--any and all donations are appreciated! –*The Editors*

Snowmobile Safety Course



Shrewsbury Sno-Birds will hold a Snowmobile Safety Course in December. Watch the Times next month for more information or call Dave Blecich at 492-3782



News from The Transfer Station



New Winter Hours:

For the months of December thru March, the Transfer Station will change hours for Wednesday. Sunday hours will not change. Effective December 2016 new winter hours will be:

12noon – 6pm	Wednesday
8am-4pm	Sunday



The Times of Shrewsbury

The *Times of Shrewsbury* is published monthly February through December. It is compiled by volunteers from material submitted by residents with the goal being to keep townspeople informed of what is happening in Shrewsbury. The views and opinions expressed in articles are solely those of the author and not necessarily those of the editors.

All submissions are subject to editing for length and clarity and must be accompanied by the name of the submitting person. Letters to the Editor exceeding 350 words will be subject to editing for length. Any opinion piece or informational political letters (without specific party or vote appeal) will be subject to the same guidelines previously described. All items including letters are printed at the editors' discretion. A writer of any letter that names a Shrewsbury resident or organization in a critical manner must get copies to that resident or organization and to the *Times* by the 10th of the month prior to publication or it will not run. If the named person or organization indicates in writing to the writer and to the *Times* that they choose not to respond,

the letter will run. If the named entity responds, the response and initial letter will run in the same issue.

There is no charge for: jokes, poems, essays, nature reports, family event announcements, or feature articles or letters that are non-commercial.

Articles and Advertisements: Deadline for submission is the 20th of the month prior to publication; exceptions will be announced in the prior month's *Times*. If you have questions, call Chryl Martin at 492-2244 or email shrewsburytimes@gmail.com

Best Formats: *Articles:* Word or in an email message with no formatting. *Photos:* JPG. *Ads:* PDF file or Word document.

Monthly Advertisement fees:

Full page \$60	1/4 page \$10
1/2 page \$35	Business card \$5
Classified ad (15 words) \$2.	

Payment is due by the 20th of the month prior to publication.

Chryl Martin ~ Rich Biziak

Times of Shrewsbury, P. O. Box 373, Cuttingsville, VT 05738

Email: shrewsburytimes@gmail.com

Online: www.shrewsburyvt.org

SHREWSBURY COMMUNITY CALENDAR

Oct 28	5:30-7:30pm	*2 nd Annual Shrewsbury Haunted Library event at the Library
Oct 30	1-3pm	*Special invitation to welcome new Shrewsbury residents at Historical Society Museum
Nov 4	7:30pm	*Stacy Harshman reads from her memoir at the Library
Nov 6	2am	*"Fall Backward" Daylight Savings Time ends.
Nov 8	11:30am	*Shrewsbury Seniors Lunch Group is invited for lunch by the students at the Mountain School; Call the school at 492-3435 if you can attend.
Nov 8	10am-7pm	*VOTE in the General Election at the Meeting House, 88 Lottery Road
Nov 8	2pm	*Deadline to get fund raiser fruit orders in to the Mountain School
Nov 11	5-7pm	*Wine Tasting at Pierce's Store with Sandy Bragg
Nov 12	10am	*Evaluating and Managing Your Wooded Land with Russell Reay—an SCC Walks & Talks
Nov 12	5pm	*Italian Night Supper at the Meeting House/88 Lottery Rd sponsored by the Community Church
Nov 16	12noon	*Prayer Shawl Group at the home of Tess Williams
Nov 19	10-11:30am	*Lego Club at the Shrewsbury Library
Nov 19	5:30pm	*SAGE Harvest Dinner at the Meeting House/Town Hall on Lottery Road
Dec 3	7pm	*Silent Auction and Cookie Swap at the Library

*see elsewhere in newsletter for details

TIMES OF SHREWSBURY
Is online at the town website at
www.shrewsburyvt.org



**Deadline for submission to
Times of Shrewsbury is by
5:00pm on the 20th
of each month.**

REGULAR MEETINGS and EVENTS

Board of Selectmen Meeting	1st & 3 rd Wednesdays—7:00pm at Town Office
Bone Builders	Tuesdays & Thursdays—9:00am at Meeting House
Library Trustees' Meeting	2 nd Tuesday—7:00pm at Shrewsbury Library
Mill River Unified Union School District School Board Mtg	1 st Wed ! 7pm @ MRHS & 3 rd Wed @ 7pm location TBA
Planning Commission	1 st & 3 rd Mondays—7:30pm at Town Office
Religious Society of Friends (Quakers)	Sundays—10:00am at Shrewsbury Library, upstairs
Shrewsbury Community Church Worship	Sundays—10:30am at Shrewsbury Center Church
Shrewsbury Historical Society Museum	Closes for season at 3pm on Oct. 30; for apt. call 492-3324
Shrewsbury Singers	Every Sunday 9-10:15am upstairs at the Community Church
Shrewsbury Sno-Birds	2 nd Tuesdays—7:00pm at Southside Restaurant, Rutland
Shrewsbury Volunteer Fire Dept.	Thursdays—7:00pm at Cuttingsville Station
Conservation Commission	1 st Tuesday—5:15pm at 450 Frank Lord Road

Shrewsbury Town Website: www.shrewsburyvt.org

Town Clerk's Office 492-3511
Mon-Thurs 9am-3pm; Closed Friday

Town Treasurer's Office
492-3558 or 492-3487
Wed 5pm-7pm

Transfer Station
Winter Hours (Dec-Mar):
Sun 8am-4pm & Wed 12noon-6pm

Shrewsbury Town Library 492-3410
Mon, Fri & Sat 10am-Noon
Tues & Thurs 7pm-9pm
Wed 10am-5pm and 7pm-9pm

Cuttingsville Post Office 492-3585

Window (Retail) Hours:

Monday-Friday 7:30am-10:30am and 11:30pm-2:30pm
Saturday 8am-11am

Lobby Hours:

Monday-Friday 7:30am-5pm & Saturday 7:30am-11am

Meeting House 492-6050 (Reservations: 492-3361)

Emergency Management Bert Potter 773-2272

Ambulance 773-1700

Green Mountain Power outage 1-800-451-2877

Medical—Fire—Police Emergency Dial 911

Rutland Hospital 775-7111

Revised 10/23/16



Joyce Kay Wilson

Joyce Kay Wilson 68, died October 7, 2016, at her North Shrewsbury home surrounded by family. She was born July 31, 1948 in St. Louis Park, Minnesota, the daughter of Walter Anderson and Ethel Lindberg Anderson.



She is survived by her husband of 44 years, Lee Wilson, their three daughters, Hannah, Linnea, and Ingrid, three wonderful sons-in-law, and two grandsons in whom she took particular delight, Matteo and Linden. She is also survived by her brother James Anderson of Arden Hills, Minnesota.

Joyce moved to Shrewsbury from Starksboro, Vermont 39 years ago and came to love the town for its people and its natural beauty. She was active in the community, volunteering to serve a variety of organizations including most recently as treasurer of both the Cooperative at Pierce's Store, where she was an original board member, and the Shrewsbury Outing Club. She served the Town as an auditor for six years. She volunteered at the Rutland Dismas House over the last fifteen years, preparing a monthly meal. She loved to swim in the pristine waters of Spring Lake, enjoyed Shrewsbury's many hiking and cross country ski trails and tending to her vegetable garden.

Joyce was an active and committed member of the Wilderness Friends (Quaker) Meeting and had served as Clerk of the Meeting. She embraced and lived the Quaker testimonies of non-violence, simplicity, and seeing that of God in every person.

Joyce was an employee of the Internal Revenue Service for a total of 25 years. She was one of the first female IRS revenue officers in Vermont.

The family acknowledges with immense gratitude the love, care and support received from friends, community, the Foley Cancer Center and Rutland Area Visiting Nurses and Hospice.

There will be a Quaker Meeting for Worship to remember Joyce's life on November 5 at 1:00 pm. at the Shrewsbury Meeting House. If you wish, donations can be made to Rutland Dismas House, 103 Park Street, Rutland, Vermont 05701. Donations can also be made at <http://www.dismasofvermont.org/rutland-dismas/donate-to-rutland-dismas>.



Remembrances

A most wonderful and loving person has left our small community, but her connection with so many, near and far, will continue to impact lives, in such positive ways, as we remember her. Our dear friend Joyce Wilson has shown us courage, integrity, encouragement, so many selfless acts of giving, total acceptance, and a belief in peace at all levels, all with a heart-filled determination to reach out to so many in need of support. She was always there to listen, put another plate on the table, play a practical joke, leave a small gift at the door, to be a friend to so many and, above all, a loving mother to three wonderful daughters and a devoted close companion to Lee, her husband for 44 years. Joyce was always focused on the needs of others, close and far, even as she faced her own reoccurring health challenges. She will be missed by so many, but we, who have known her, can now follow her example to reach out, help our neighbors, be a friend to many, work for peaceful solutions to issues and play the occasional practical joke. May we meet again.

Mark and Connie Youngstrom



Reinbow Riding Center

Our new trail is open! Thanks to all the volunteers who helped mark the trail, trim and clear the path. We are all enjoying the long fall and everyone loves the new trail. This trail encourages riders to concentrate, to find the blue ribbons that mark the trail and steer through the path where they experience many types of footing: gravel, moss, leaves and the forest floor. We have seen partridge, turkeys, deer, butterflies, and caterpillars, so far and heard many birds some of which we can identify (ducks, geese). We have seen evidence of others animals yet to be identified.-What is at the top of the evergreen trees that is eating pinecones and nipping off the new shoots of the branches or who is making those tracks? There is the remains of an old sugar house way out in the woods. The building is gone but the remains of buckets, the arch and pan are still there. Its fun to talk about what these were and what the land might have looked like when these were in use and who the people might have been.

It's amazing to see the people's reaction finding the entrance and then being fully engulfed by the forest. They relax and can be quite talkative or they may just want to enjoy the quiet and listen to the voices of the woods.

If anyone has any questions about what we do please do not hesitate to call 802-492-2226

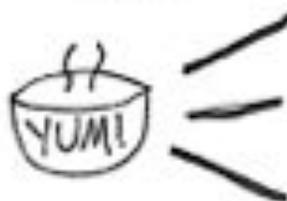
*Submitted by Mary Jane Osborne,
Reinbow Riding Center*

You've
Invited!

SAGE's
3RD ANNUAL -
COMMUNITY CELEBRATION!

Bring a
Friend!

HARVEST & Dinner



Saturday, November 19th

5:30 ONWARDS
@ The Shrewsbury Town Hall
\$10/adult - Kids eat Free ♡

ALL PROCEEDS TO BENEFIT THE **SMS** LUNCH,
SNACK -and- FARM TO SCHOOL PROGRAMS.

You'll enjoy: ★ A Delicious Local Food Dinner

★ Student Art Show + Performance

★ Games from the library

★ Hearing the
3 sisters story

★ Having your picture
taken w/ Josh
the Moose ...

CALL GALEN W/ ANY QUESTIONS,
TO MAKE A DONATION, OR
IF YOU MIGHT LIKE TO PREPARE
A DISH 417.7631





SHREWSBURY VOLUNTEER FIRE DEPARTMENT

GENERAL ELECTION TUESDAY NOVEMBER 8, 2016

Polls Open at 10:00 AM and Close at 7:00 PM
Shrewsbury Community Meeting House
88 Lottery Rd.

Sample Ballot available on the Town Website at
www.shrewsburyvt.org

Absentee / Early Voting Ballots are now available

You can request a ballot now by going to My Voter Page or request a ballot by contacting the Town Clerk at 492-3511 or shrewsburyclerk@vermontel.net or voting early at the Town Office during regular office hours.

Last Day for early voting is Monday November 7, 2016.



Hemmerstein



the wedding of

rachel ♥ alex

point o' pines
brant lake, new york
10.1.16

Daphne (Lea-) and Edmund Hemmer of Shrewsbury, VT announce the marriage of their son Alexander to Rachel, daughter of Debra and Carl Rubenstein of East Greenbush, NY. Alex & Rachel currently live in Oakland, Ca.

Two major events grace every October for the Shrewsbury Volunteer Fire Department (SVFD) - our Annual Meeting and the Annual Ham Supper. The local volunteer fire department began operations in 1952. The first Ham Supper was held in 1953 to support the fledgling organization, and become an annual Town tradition. As former Fire Chief Bernard Gregory wrote in the 1962 Town Report: "This event was a tremendous success and became known far and wide over the following years. This success was then, and is now, directly attributable to the wonderful skills of the Ladies of the Auxiliary, and the whole-hearted support of the Townspeople." More than fifty years later, we still cannot say it any better! When you see the Auxiliary folks around town, thank them for helping us. Our thanks go out to our wonderful Auxiliary, and to all of you for your wholehearted support of our efforts.

On October 13, the SVFD convened its 64th Annual Meeting at Cuttingsville Station, with twenty members and guests in attendance. Our by-laws call for officers to be elected annually at this meeting. Continuity was the order of the day, as all of the following were elected to serve for another year: President Jack Perry, Vice President Bob Snarski, Secretary/Treasurer Barry Griffith, Fire Chief Russ Carrara, Trustees at large Philip Severy, Elliott Stewart and Mark Stewart. Chief Russ and President Jack reviewed the highlights of the past year, and acknowledged each member individually for his or her contributions to the Department.

SVFD Annual Meeting tradition calls for special recognition of two members. The *Peter Cosgrove Award* (named for a past SVFD President) was given to **Jared Rau**, who completed the long and rigorous Firefighter I course this past year, as well as faithfully appearing and assisting at fire calls and other SVFD events. The *Chief Snarski Award* (Bob is still with us!) was bestowed upon **Jon Lees**, recognizing (among other things) the many hours Jon has devoted to upgrading SVFD's inventory lists and other required documentation. Special thanks and recognition were also given to recently retired member **Ray Dambrackas** for his eighteen years of dedicated service to the Department.

While warm weather has extended into late October, we know what lies ahead. We hope that those of you with operating fireplaces and wood stoves have used this stretch of weather to clean your chimneys, and will keep them clean during the upcoming heating season.

As we always say: **BE FIRE SAFE!**
Submitted by Barry Griffith, SVFD Secretary/Treasurer



The Shrewsbury Volunteer Fire Department Auxiliary took a moment from their duties at the Ham Supper to sit for a photo. Pictured are: (Standing l to r): Alyssa Loomis (firefighter), Shannon Creed (holding Isabelle), Casey Dambrackas, Donna Ryan, Wendy Stewart, Carrie Carrara, Becky Severy, Karly Carrara, Abby Severy, Lauren Severy. Seated (l to r): Catherine Carrara, Deb Dambrackas, Ann Vanneman, Sharon Perry.



**ANOTHER SUCCESSFUL
SVFD HAM SUPPER!**

View back issues and
the current issue of

**TIMES OF
SHREWSBURY**

at the Town website at
www.shrewsburyvt.org



Lego Club

At the Shrewsbury Library

Saturday, November 19

10:00-11:30am

All school age children are welcome.

Younger children are also welcome when accompanied by a parent.

Come, discover, explore and create with Legos.

Questions? Please call:

Doris Perry 492-3440; Linda Olney 492-3513; or,
Carol Goodwin 747-0192



Bone Builders

9-10am

Every Tuesday and Thursday
at the Meeting House on Lottery Road
Free weights and Instruction

Join us to improve your
Bones, Balance, and Strength

Shrewsbury Conservation Commission's
Walks and Talks

**"Evaluating and Managing Your Wooded Land"
Saturday November 12 at 10:00am
Rain date Sunday
Parking at 450 Frank Lord Road**

Forester Russell Reay will be walking with land-owners to evaluate wooded properties that have not been logged for 50 years on the old Frank Lord Farm. Come walk with him as he discusses the types and conditions of trees he finds and the various uses for which this type of land can be used and improved.

78% of Vermont is forested, and most of that is in small, privately owned lands. Small forest owners can use this opportunity to consider how to steward this valuable resource, to learn the pleasure of how to tend ones wooded land, improving its capacity for wildlife, recreation, creating monetary value in a crop of wood, or just ensuring that it protects water quality and plays its role in purifying the air and sequestering carbon.

**Questions: Contact Weezie 492-3327 or
vtzippity@gmail.com**

??? What's a "Walks and Talks" ???

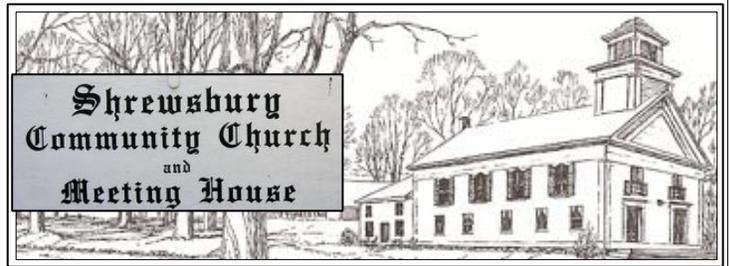
Your Shrewsbury Conservation Commission invites you to participate or organize a Walks and Talks! Starting with October's Moose Walk on the Plymbsbury Trails, the SCC will be organizing an almost monthly series of walks about Town, often focused on a particular topic.

The purpose? To provide nature outings about our beautiful Town in places that might be new to you, to explore a topic while doing so, and to enjoy getting out and about with your neighbors!

Some upcoming Walks and Talks.

Evaluating and Managing Your Wooded Land, a Snow Day with skiing, sliding, and bonfire, Deeryards in Winter, Vernal Pools, Identifying Wildflowers and Bird Songs, Tree Identification and Land Changes Over Time, Walking our Town Forest, Beavers, Astronomy, Loons, the Hamlets of Shrewsbury.

Have a topic or area you'd like to see investigated? We'd love to hear from you! Contact any SCC member or email vtzippity@gmail.com



The History and The Memories

Did you ever wonder how the Shrewsbury Meeting House got its name?

Around 1972 the Town Hall was in terrible disrepair, the Town had no money nor did the Church. A committee was formed to save the building. This committee was made up of seven members: three from the Town, three from the Church and one member at large who was a Selectman. Thus the Shrewsbury Community Meeting House Committee.

A great fund raising drive went out to Shrewsbury and surrounding Towns. Volunteers came to help: Ray Sirjane and his crew from the Ranch came and proceeded to tear down the back addition; Donald Moore as Selectman took the position of head of all volunteers; JP Carrara and sons donated the cement for all of the foundation including the foundation under the main hall.

With foundation in place, the work began. Richard Adams worked and also did all the wiring. Don Moore and his crew began to work too. The money began to come in; Margo Taggart, Nancy Spencer and Sterling Kline handled the finances

The finances were set up so that the Town and the Church would share the expense, but there was one hitch--the organ was given to the Town in 1868 by Henry Smith for his daughter's Wedding. So the Church took these expenses on, including its restoration and \$600 per year for maintenance....

...to be continued by Donna Smith

Read It Online
"The Moose" edition is still available online at the Shrewsbury Town website
www.shrewsburyvt.org

If you need something to fill up your time, you can also access all the issues back to March 2011.
Happy Reading

SHREWSBURY LIBRARY

Library News Submitted by Joan Aleshire

We would like to remember JOYCE WILSON, whose life was an inspiration to so many. Joyce was a Library patron and supporter from our earliest days; we will miss her, and send our sympathy to her wonderful family.

THANKS to everyone who made the ANNUAL BOOK, BAKE & TAG SALE a fine day to gather, find good-books, videos, music recordings, delicious baked goods, and one-of-a-kind treasures. Many hands - DONNA, LISA, JUDY, TRISH, DORIS, LINDA, PAM, and DIRK among them - put the sides on the tent, brought out and sorted the books, videos, and CDs, staffed the sales, cleaned up, and loaded books into the Gaylord carton for pick up. Thanks to everyone who baked, donated books and audio-visuals, came, and bought items to support the Library. Thanks too to the vendors who bought space for their offerings: an added attraction.

THANKS to everyone who made CIDER DAY AT THE RUSSELLVILLE SCHOOLHOUSE a wonderful event for all ages: DIRK & JUDITH THOMAS, PETER GRACE, FRANCIS WYATT, and ANN VANNEMAN, who brought her cider press and shared her knowledge. The weather was perfect, the participants enthusiastic, and the finished product delicious, if a bit sweet for some tastes. This was a joint project of the Library and SAGE (the Shrewsbury Institute for Agricultural Education): the first of what we hope will be more shared projects. A program on hard cider by several makers might be next, and we hope for more wild apples to add to the mix another year!

MANY THANKS to JUDY EMERICK for tracking down overdue books, DVDs and music CDs. This is an essential, on-going and difficult job; no one likes to nag, even by e-mail! We depend on our borrowers to be aware that others need the chance to borrow the book, DVD, or CD they haven't returned; the Library belongs to everyone. Like many larger libraries, we don't levy fines, but it takes time and energy to e-mail, call and send notices with replacement prices for overdue items. We are grateful to those borrowers who return overdues with apologies and donations, but we most appreciate those who return things on time, or renew by phone (492-3410) or e-mail. Books are due in one month, DVDs in one week, TV series in two weeks, and music CDs in two weeks.

THANKS to JUDY DALEY KEANE for taking on the job of cleaning the Library; it's sparkling now! And thanks to Judy, too, for weeding the overgrown front garden.

Coming Events:

Friday, November 4 @ 7:30 pm: STACY HARSHMAN reads from her memoir, *CROWNING GLORY*. Please join us to hear from Stacy how a red wig changed her life! Free, all welcome; come early to make sure you have a seat in the Meeting Room.

Saturday, December 3 @ 6:30 pm: ANNUAL COOKIE SWAP & SILENT AUCTION!

Continuing Programs:

BOOK CLUBS: Neither the Famous Books Book Club OR the Science Book Club will meet in November and December. Both groups will resume in January.

Alternate Wednesdays @ 6:30pm: QUILTERS' GROUP. Experts or beginners, all are welcome. Please call Donna Swartz for details: 773-7403.

Thursday, November 3 & Thursday, November 17 @ 7pm: THE WRITERS' GROUP meets this month, before taking a break over the winter. Please call Penelope Weiss for information: 492-3345.

New books include:

- ❖ *Tricky Twenty-Two* by Janet Evanovich: The new Stephanie Plum crime novel, for her many fans.
- ❖ *Between Breaths: A Memoir of Panic and Addiction:* by Elizabeth Vargas, co-anchor of ABC's 20/20, an affecting account by a television personality who seemed poised and in control in front of the camera.
- ❖ *His Final Battle: The Last Months of Franklin Roosevelt* by veteran journalist Joseph Lelyveld: a detailed history, based on newly discovered material.
- ❖ *Mischling* by Affinity Konar: A powerful first novel about twins caught in Nazi Dr. Mengele's infamous concentration camp experiments.
- ❖ *Here I Am* by Jonathan Safran Foer: A new novel by the author of *Everything Is Illuminated* and *Extremely Loud and Incredibly Close*, about a couple trying to balance their personal life and their political concerns.
- ❖ *Charcoal Joe* by Walter Mosley: The latest Easy Rawlins crime novel, set in 1940's Los Angeles.
- ❖ *Razor Girl* by Carl Hiaasen: Another wild ride by this comic master!

New DVDs are on the way; please check the shelf for new arrivals.

3 Sisters Celebration!

An Invitation is extended to the
Shrewsbury Seniors Lunch Group
to join SMS students to
enjoy food and activities!

Place: Shrewsbury Mountain School Gym

Time: 11:30 am

Date: November 8, 2016

RSVP to the school at 492-3435

Menu to include:

3 Sisters Stew
Squash Soup
Bean & Barley Salad
Molasses-Cornmeal Pudding
Hush Puppies
Cornbread

Donations

We are having a Three Sisters Celebration; if you can, please donate food by November 3 such as: milk, cornmeal, eggs, flour, molasses, and sugar.



The Story of the Three Sisters

"Corn, beans, and squash are called the "three sisters." Native Americans inter-planted this trio because they thrive together, much like three inseparable sisters. In legend, the plants were a gift from the gods, always to be grown together, eaten together, and celebrated together. Each of the sisters contributes to the planting. Together, the sisters provide a balanced diet from a single planting.

- * As older sisters often do, the corn offers the beans needed support.
- * The beans, the giving sister, pull nitrogen from the air and bring it to the soil for the benefit of all three.
- * As the beans grow through the tangle of squash vines and wind their way up the cornstalks into the sunlight, they hold the sisters close together.
- * The large leaves of the sprawling squash protect the threesome by creating living mulch that shades the soil, keeping it cool and moist and preventing weeds.
- * The prickly squash leaves also keep away raccoons, which don't like to step on them.

Together, the three sisters provide both sustainable soil fertility as well as a healthy diet. Perfection!"

--Explanation of the Three Sisters by Doris Perry

The Roving Reporter Asked:

What's a dish you remember from your childhood that's not on the Thanksgiving table anymore?



- "Cling peaches in heavy syrup. We used to be able to get them in a big jar." JO'D
- "Stuffing inside the bird...it's all outside now." RB
- "Sweet potatoes...blah!" JO'H
- "Green Jello! We had it every year...with a little whipped cream on top." JB
- "That gelatinous cranberry sauce. We'd open both ends of the can and a log with ridges on it would pop out!" GB
- "Ambrosia with orange slices and coconut...I'm too lazy to make it now!" AV
- "My father's homemade gravy that he made by pouring off the drippings from the turkey pan. He was in charge of the gravy!" JG
- "Turnips were always on the table....trust me, it's not on my table nowadays!" SD
- "My Swedish grandparents always had Lingonberries but I don't know where they got them." JD
- "When I was a kid?...that wasn't super long ago so not much has changed yet!" AL
- "Mince Pie...My grandfather said every pie should be marked with the letters TM for either 'tis mince for the mince pies or 'taint mince for the other kinds of pie." KB
- "I only remember the turkey....and we still have that. Oh, and those candied yams with little marshmallows on the top....we don't have that anymore." PG
- "Green beans with canned french fried onion rings. Thank goodness we don't have them any more!" SD
- "I used to miss sweet potatoes with marshmallows on top...but then I started making my own maple marshmallows, so we're having it again!" MZ
- "Lasagna! My aunt always made a pan of it to go with the turkey and everything else!" GS
- "Mincemeat pies (made out of real meat), creamed onions, (small ones from the garden made with real cream from our Jersey cows) and homemade cinnamon rolls!" GK
- "My father was a part time fisherman so we had scalloped oysters baked in a big pan!" HS
- "Sweet potatoes...my husband thinks that mixing a sweet with savory is kind of weird!" KS
- "Skunk eggs which is what we called baby onions in a cream sauce. I feel deprived that we don't have them any more!" EF

Shrewsbury Historical Society

www.shrewsburyhistoricalsociety.com

Fun History of rope tow hand rail

Recently, the "cow rope" that was the banister we used in our home was all worn out. Al Ridlon, Sr. built our gambrel-roofed house in 1974 with many surprises for us, and the rope was already 22 years old, hanging in his barn. He used it as a banister for our stairs. We loved it.

I asked Al recently if he could find us another piece of rope and he found it. He was speaking with the Sharrow family and yes, hanging in their barn was a piece of rope. So, Al brought it on over and helped Brian put it up correctly.

Speaking with Julanne Sharrow recently via e-mail, she wrote: "Well, there is more to the story. It may have come out of our barn, from times they hoisted the hay, but I do know it was from the rope tow my Dad put up for us in the 1950s on Patterson Hill (next hill down from the barn). He may have purchased more (to make it long enough) it was a devil to splice, but Danny Korngiebel knew how to do it, as it had to be a complete circle for the tow. Hours and hours of skiing –

what fun we had. Old wooden skis, no steel edges, inner tubes, cardboard boxes, we made jumps! The parents always had a fire going, made bbq lunches. All the kids and parents joined us on Sunday afternoons. He ran it with the old B tractor (we still have the 1938 model!), 2 cylinder, so it made lots of noise! Rope has been hanging in the barn ever since! So now you have a rope tow hand rail!"

And many thanks to Al and to the Sharrow family. We love it

Recent Acquisition

Back in ca. 1940s, the Cuttingsville railroad depot was demolished. Al Ridlon, Sr. remembers that when he was in high school he helped the Gagnon brother who was 17 at the time take down this building. Fast forward to a chance meeting at Over Easy's in Cuttingsville not too long ago when Al bumped into one of the Gagnon brothers who told Al he will be dropping off the signs that he saved from the depot so many years back. And so, recently the two long signs that proclaimed "Cuttingsville" which hung on each side of the station were found propped up next to museum. Thanks go to the Gagnon brothers. It will make a wonderful exhibit.

Holiday Gifts

The 2017 Memories calendar is on sale for \$20 and would make a thoughtful gift at Christmas. It was a lovely surprise to see the dedication. Thank you all. The museum will be closed by the time you read this issue as our season runs from July through October. The calendar and our history book can still be ordered by sending check made out to the Shrewsbury Historical Society to John Elwert, 499 Shunpike Road, Cuttingsville, VT 05738. The calendar costs \$20 which includes postage; the history book costs \$26 which includes the postage and handling.

The October issue

of *The Shrewsbury Times* is definitely a keeper, full of moose stories and photos. Brought us back to times of gentleness and tenderness. Kudos to the editors.

The Museum

can be available for research during the off season (and if the snow is not too deep) by calling me at 492-3324.

Hoping that your Halloween is spooktacular and that the Welcome Party for new Shrewsbury residents on October 30th at the museum was a pleasant way to spend a Sunday afternoon.

Happy Thanksgiving!

Submitted by Ruth Winkler

Shrewsbury Historical Society



Memories 2017 CALENDAR

Available at \$20 from:
Pierce's Store
Historical Society Museum
or by mail from:

Ann Ridlon
230 Town Hill Road
Cuttingsville, VT 05738
with check payable to
Shrewsbury Historical Society, Inc

A "Rube Goldberg" found in Shrewsbury

When much younger I remember my mother having a glass bowl with a sharp dimple in the middle of it used for squeezing oranges. Nothing beat a glass of fresh orange juice to start a day and I still have that simple orange juicer. For a serving of one or two it is very efficient. However, when the demand may be for multiple glasses over an entire morning something larger is necessary, especially when trying to operate a cash register at the same time. Rube Goldberg (1873-1970) was an artist best known for creating cartoons showing



simple tasks being done in convoluted ways by complicated gadgets and for those who either remember Rube or his cartoons, a Rube Goldberg machine has appeared in North Shrewsbury at Pierce's Store. It is the new orange juicer machine.

This machine is a classic. It is "see through" so you can both understand the process

and see your glass of juice being squeezed right before your eyes. It is colorful, mechanical, full of moving parts (it does have to peel the orange and squeeze the juice out), multi-sensory and a delight to behold. It is a kid's magnet and as they say "you have to see it to believe it." Six oranges are loaded on top, the ON switch is pressed, the "show" begins, and from the bottom appears a freshly squeezed 10 -12 ounce glass of OJ. And the product is as good as from mother's glass orange squeezer.

Submitted by Gary Salmon

2nd Annual Shrewsbury Haunted Library

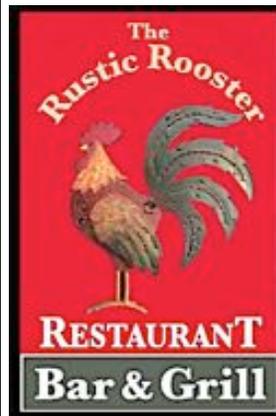


Friday, October 28th
5:30pm to 7:30pm
at the Shrewsbury Library

Join us for an evening of fun and games for all ages!

Costumes welcomed!
Nut-free refreshments provided.

Happy Halloween!!!!



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The Shrewsbury Community Church



Compiled by Sue Ransom-Kelley

We continue to plan for our Community Sharing Project which will provide gift cards for basic necessities such as; winter boots, coats and clothing for children in Shrewsbury to be distributed during the holiday season. Our ability to provide gift cards is dependent solely upon donations. Donations will be collected at our next supper and by mail payable to Shrewsbury Community Church in care of Sue Kelley PO Box 366 Cuttingsville, VT 05738. Call Sue for details 779-5241.



The pre-school group had fun enjoying the fall foliage!

The Sunday Morning Pre School is active on Sunday Mornings. Do You Have a

Child Who Would like Social Time on Sunday Morning? Please consider joining us at 10:30am-12pm Sundays at the Shrewsbury Center Community Church upstairs at the Meeting House in the Children's Room. We will have story time, coloring, activities and snacks. Your 1-5 year old is very welcome to be part of this program. We also welcome parent participation. Any questions please call Cortney Allard 683-7852 or Anissa Park 259-2564.



Save the Date! It's coming soon! ITALIAN NIGHT SUPPER

Spaghetti, Meatballs, Chicken Parmesan, Salad, Bread and Scrumptious Desserts!

Hosted by the Shrewsbury Youth Group Alumni

NEW DATE~~Saturday November 12 @ 5pm

(note this was postponed from Nov. 5)

Shrewsbury Meeting House

Free will offering for our Mission Project. Funds will be used to buy basic necessities for Children in Shrewsbury.

EAT IN OR TAKE OUT

Have a neighbor who can't get out? Let us know and we will deliver dinner to them!

The Prayer Shawl group is busy knitting and crocheting shawls and lap blankets for folks in need of comfort. Consider joining us. We would love to have you!



Community Church Calendar

Services are at the Shrewsbury Center Church

Nov 6 @ 10:30am: Preschool Program. Worship Service & Holy Communion led by Rev. Boutwell.

Nov 12 @ 5pm : Italian Night Free Supper.

Nov 13 @ 10:30: Preschool Program. Worship Service led by Donna Smith.

Nov 16 @ 12 noon: Prayer Shawl Meeting at the home of Tess Williams. Please bring a bag lunch, drinks and dessert provided. Call Tess 492-2187 if you will attend. All Welcome! Enjoy the fellowship and the Mission. We teach how to knit or crochet!

Nov 20 @ 10:30am: Preschool Program. Worship Service led by Rev Skip Dickinson

Nov 27 @ 10:30 am: Preschool Program. Worship Service led by Rita Lane.

Community Needs

Wedding, Funeral or Memorial Service Requests: Contact Rita Lane 775-2578, Sue Kelley 492-3738, 779-5241 or Donna Smith 492-3367.

Community Helping Hand Requests: Contact Rita Lane 775-2578 or Donna Smith 492-3367.

Pastoral Care, Home, Hospital Visitation, Outreach Requests: Contact Rita Lane 775-2578, Roxanne Ramah 492-3675 or Ruth Kinne 775-5318.

FREE COMMUNITY FOOD SHELF @ the Library in the front entry way. All are Welcome to Come in and Help Yourself any time the Library is OPEN



The First SCC Walk & Talk A Big Success!

The Moose Walk & Talk sponsored by the Shrewsbury Conservation Commission was held on a perfect Fall day. Over 40 attended--new residents, longtime residents, visitors from near and far, young people, older people. It was a great mix, and we all came away with new friends. The youngest was 6 months old and the oldest was 1,008 months! There were treasurers to find along the walk, stories told at the gathering in the Norway Spruce forest, and then there was apple cider and a fantastic Clara Krueger moose track cake!

Photos above of Emma, Cora, Cabot, Weezie, Riley, Lila, Sarah, Laurel, Cynthia, and many of the walkers. Also, photos of the cake, a goblin rock, and a fairy house from our favorite place to shop! Look for it on future walks.

Join the next Walk and Talk on "Evaluating and Managing Your Wooded Land" with Russell Reay on November 12.



MILLRIVER UNIFIED UNION SCHOOL DISTRICT NEWS

I think I will need to change the heading of our column. As we are consolidated I'm planning to start sharing a bit of news from all of our schools with you.

First, we have a new program at the **Mountain School and Tinmouth**. It is titled the "Outdoor Classroom" and is taking place, weekly, in outdoor areas near each school. This is how Julia Bonafine, Shrewsbury MAP (Multi-Age Primary) teacher describes this new learning opportunity: "*Students in the K/1 class have been taking their learning outdoors one afternoon a week to their outdoor classroom. The outdoor classroom, complete with a "basecamp", is providing students with opportunities for self-directed inquiry, and to build teamwork and self-reliance*".

The goals are for students to engage all of their senses as they work on a network of curriculum standards, and to uncover parts of themselves that shine in this setting as they develop a love for the outdoors and a sense of place.

I described the program to my three boys (all Shrewsbury graduates) and they all thought it was a great idea. Getting our kids outside, learning in the woods is one of the many advantages kids in our district have. This program is the result of training that Julia and Tinmouth staff attended this summer and brought back to our kids and other staff members. Hopefully the program will spread to all grades.

Tinmouth has all classes taking advantage of their great location to get kids outside to explore and learn in an outdoor setting.

Wallingford hosts the VT Principal's Association on Oct. 29 the event is open to the public and begins at 10am. Their 6th grade class is providing refreshments as a fundraiser for the annual class trip.

Coats and Shoes for Kids is preparing for their annual coat drive and **Clarendon** will be a collection site again this year. They will be collecting donations until November 11 and their annual distribution event will be November 19th.

All of the district schools have teacher conferences scheduled this week (10/17-10/21) and **Mill River** will be sending out 1st quarter report cards soon.

Mill River has presented a number of music programs to great reviews by those who attended. I hope that readers will look at the www.millriverschools.org website to check what performances are scheduled at all the schools and try to attend a few. You will be impressed by our students, I always am.

Our second board meeting in Oct. was at **Tinmouth**. The board enjoyed presentations by the 3rd and 4th

graders describing their understanding and use of scientific inquiry. The 5th and 6th graders enthusiastically talked about their experience at Starbase studying rockets, robotics, and many physics theories. In other Board news, three of our district teachers were honored in October at UVM as our District Teachers of the Year and the entire board was honored at the annual VSBA meeting for their work on the district consolidation. The board will be having their first detailed budget conversations starting in the Finance Committee-check the website for time and date of all board and committee meetings, if you are interested in attending. Questions, concerns, or suggestions, call Andy Richards-Peelle or Adrienne Raymond, your MRUUSD board members.

Last thing to report is work, spearheaded by the **Shrewsbury School Advisory Group**, to win a planning grant for a district-wide Farm to School food program. Shrewsbury has a strong relationship with our local farmers, using many Shrewsbury-grown products in our school meal program with the help of SAGE. The Advisory Group is hoping to spread this commitment to local foods to our other district schools. They are working with representatives from all the schools and expect to have a strong application.

More news as it comes in.

Submitted by Adrienne Raymond



SHREWSBURY MOUNTAIN SCHOOL

Oct. 31	"Trunk or Treat" at the school at 2:40pm
Nov. 11	No school; Veteran's Day
Nov 14	Half Day
Nov. 23-25	Thanksgiving Holidays
Dec 6	SMS Winter Concert (Snow date Dec 13)
Dec 19	Half Day
Dec. 22- Jan 2	Winter Break

SMS has several different collections going on right now. We are collecting:

- Box Tops for Education
- Personal hygiene items to go to the people of Honduras in March
- Non-perishable food items for the Mill River Honor Society to use for holiday baskets.
- Can tabs for the Shriner's hospital camp

We are not collecting Campbell Soup labels.

Submitted by Marj Congdon

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Justices of the Peace

These fine Shrewsbury residents have volunteered to serve us as Justices of the Peace. Please support them on Election Day.

- *John Berryhill*
- *Jonathan Gibson*
- *Barry Griffith*
- *Barbara Hoffman*
- *Trish Norton*
- *Adrienne Raymond*
- *Lee Wilson*

Paid for by Shrewsbury Democrats
S. Nicholson Treasurer

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*Discounts available, call today for a **FREE** estimate!!**Shrewsbury residents receive 10% discount***

Welcome to Beautycounter.

There are about 10,000 chemicals commonly found in personal care products —only 10% of those chemicals have safety data.

The United States has not passed a federal law to regulate the ingredients used in personal care products since 1938.

The European Union has spent the past two decades banning or restricting more than 1,300 ingredients—the U.S. has only banned 11 to date.

Even more troubling, chemicals linked to breast cancer, learning disabilities, infertility, and other health issues are allowed in the products we use every day.

**We deserve better. At Beautycounter,
we're doing something about it.**

Beautiful products, made safe.

Our ingredient selection process is the strictest in the industry. At Beautycounter, we've banned more than 1,500 ingredients, setting a new health and safety standard—all while ensuring our products perform, and that they're as indulgent as any luxe shampoo, lipstick or oil in the market.

Our mission is to get safe products into the hands of everyone. To that end, we've created an Essentials Skin and Body Care line, a collection of Lip Sheers, Kidscounter products for little ones, and Countertime, which reduces the signs of aging.

Come for an OPEN HOUSE

WHEN: Sunday, November 20th

TIME: 2:00-4:00pm

WHERE: 241 Bailey Road

Please RSVP to nabailey98@hotmail.com

For more information, please go to:

<http://www.beautycounter.com/angelabailey>

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SUPPORT OUR SCHOOL



The Shrewsbury Mountain School PTO is holding their annual fruit sale fundraiser (flyer is available at either the school or at Pierce's store). The deadline to order is November 9. If interested in ordering please stop by the School, Pierce's store or contact:

Tiffany Dayton (558-3997)
Tiffany.Dayton09@gmail.com



**Shrewsbury Library's
Holiday Celebration
Saturday December 3rd**

Starting at 7pm

Silent Auction

And

12th Annual Cookie Swap

Please support us by bidding on any one of our
splendid donations found upstairs
at the Silent Auction

Relish some music by Marcos Levy in the Great Room,
while savoring some refreshments

Bake your favorite cookie, the one you do best
Bring 3-6 dozen to share with the guests
What a wonderful way to mingle and share!

For more information on the event or if you would like to
support us by making a donation:

Email: slibrary@vermontel.net or
Call: 492-3410





Hanging on to a good thing!
Photo by Gary Arthur

Hungry Birds

Minnie and Gary Arthur have been seeing new and different birds around their bird feeder this Fall. Minnie says they've had all sizes of woodpeckers, and she doesn't remember having this many in past years. They've also had a rose breasted grosbeak this Fall which is unusual; it usually come in the Spring she says.

Each night they take the bird-feeder indoors but during the day there's a lot of activity around it. One bird they've enjoyed seeing has been the Pileated Woodpecker with it's big red head and

long beak. Minnie says "he loves our feeder. He keeps coming back, and we've had to buy a lot of suet because he especially likes that. He pecks on everything including the 6 x 6 square post, but he won't get anything out of that because it's treated!"



Is it a Catamount or what?

A critter camera at the O'Hara's caught this night time wanderer which walked across their driveway. Judging by it's comparative size to their Ford 150, it was a really big cat! A local farmer has lost four sheep (and maybe more by now) to some critter....which could be the same one captured by the camera. Has anyone else seen one of these animals?

Photo submitted by Jan O'Hara



**Green Mountain Club
Killington Section Hikes**

- October 30, Sunday, 10:00 a.m. "Haunted Hike" led by Sue Thomas 773-2185. We'll celebrate Halloween with a hike to all the viewpoints in Pine Hill Park, appropriately ending at an historic cemetery for a visit with some of the early movers and shakers of Rutland – let's hope they're not!
- November 5, Saturday, 9:00am, "Put the Trail to Bed" Work Day led by Herb Ogden 293-2510 and Wayne Krevetski 282-2237. Join us for our last-of-the-season work party. Bring lunch, water and work gloves. Tools will be provided.
- November 20, Sunday, 1:00 p.m., Godnick Center, Deer Street. Annual Fall Potluck, Rutland. For more info call Sue Thomas 773-2185. Join us for our annual hunting season tradition. Bring a place setting and a dish to share. We'll have a slide program after the meal presented by Herb Ogden on his recent hiking trip in Switzerland. All are welcome!
- November 26, Saturday, 10:30am, Road Walk, East Poultney area led by Diane Bargiel 413-687-1109. Work off the turkey with a safe hunting season walk on dirt roads.



The cat and the Bird

Who is watching whom! Just another afternoon at the swamp bird watching. My female cat, Sam, and the Blue Heron....Stay tuned! *Submitted by Lavinia Seide*

What Do We Do With Them Now?



Fall started with fifth graders wanting to know about trees and ended with a discussion from my friend and Master Gardener Composter Ron Hebert about the same subject. In between was a spectacular foliage season with vibrant colors including the best “reds” in years.

Ten year olds are a hard audience when the subject is “forests” especially when you are only one of several environmental education stations at the Holden Fish Hatchery in Chittenden. My station needed to tie forests and fish together using trees while sharing attention with stations that had moving objects submerged in water and fish biologists with shockers. So in a half hour trees had better be a hands-on rather than a lecture for each class.

An eye-dropper and a garbage bag did the trick. Yes 20 pairs of eyes will watch a drop of water, released as a rain drop, hit a leaf. What did they see? The leaf bent to absorb the energy of the rain drop; every rain drop hitting every leaf. Thus a forest is able to help prevent soil erosion (clean water for fish) by lessening the impact of water drops on the forest floor.

A couple of weeks later Mr. Hebert gave me a bag of bulbs but it was the message on the bag “START WITH THE SOIL” that caught my attention. It is the soil that allows trees to flourish and forests to grow. So trees have built in soil keepers to hold soil in place: leaves and roots. Which leads me back to the garbage bag. A white one lying in the forest will attract both ten year olds and forest caretakers. The class was surprised to open it and find it full of leaves as was I when I occasionally found them in our State Forests. You see ten year olds realized that leaves are mulch and can’t become soil if they remain in the bag. Neither did the adults who raked up fall leaves into bags and then threw them, bag and all, into the woods. So as foliage season becomes raking season remember trees and forests have to start with the soil. Leaves are a natural part of that process and decay very rapidly into either your compost pile or the forested landscape.

Submitted by Gary Salmon, Tree Warden

Shrewsbury Library presents

Stacy Harshman reading from her new memoir:

Crowning Glory: An Experiment
in Self-Discovery Through Disguise

Friday, November 4 at 7:30 at the Library

Free ~ All welcome



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Second Sunday in March: Spring Forward,
The U.S. begins daylight savings at 2am

First Sunday in November: Fall Back--
The U.S. ends daylight savings at 2am



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RAVNAH Health Clinics

Blood Pressure/Foot Care Clinics

- Wed 11/02, Wallingford, Wallingford House, 10:30am
- Thurs 11/03, Rutland, Parker House, 10am
- Wed 11/16, Rutland, Sheldon Towers, 9am
- Wed 11/16, Rutland, Linden Terrace, 11am
- Thurs 11/17, Rutland, Maple Village, 10am
- Thurs 11/24, North Clarendon, North Clarendon Community Center, 12:30pm
- Wed 11/30, Rutland, Godnick Center, 12:30pm

The cost of the foot clinic is \$10. No appointment necessary. Please call 802.770.1536 for more info.

Cholesterol Screenings for \$30 every month

Clinics held at the Rutland Office are the 1st Wednesday - call 802.775.0568 for an appointment.

Travel Health Clinic

RAVNAH is the region's resource for comprehensive and safe travel health services including vaccines and individualized disease prevention plans to international travelers. For more information call Cathleen at 802.770.1536 for a personal appointment or email gohealth@ravnah.org.

Bereavement Group

RAVNAH's monthly bereavement group is held Tuesdays at 6pm at Grace Congregational Church. RAVNAH's Chaplain, Andrew Carlson, will be facilitating. For more, please contact Andrew at 770-1613. The group is free and open to the public.

VT Ostomy Group

VT Ostomy Support Group meetings will start on Saturday, November 19, 2016 from 10:30am - noon at the Rutland Area VNA & Hospice, 7 Albert Cree Drive. There is no charge to attend the group. For more information please contact Kate at 802-236-0500.

~~~~~



**Gregory S. Osborne, Jr.**  
Shrewsbury, VT  
802-345-8990  
[Gborne50@gmail.com](mailto:Gborne50@gmail.com)

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Shrewberries,

Over the past 13 years I have served you as Lister, a member of the Development Review Board, 2<sup>nd</sup> Constable, Assistant Town Clerk and Justice of the Peace. I have kept you informed on News and Crime for 30 plus years. I am again running for reelection to the office of Justice of the Peace. Your local Justice performs marriage ceremonies along with other Town services. As Justice of the Peace I sit on the Board of Abatement and the Board of Civil Authority, abating taxes and hearing property tax appeals. I have the ability and knowledge to serve you well in these arenas. As a member of the Board of Civil Authority I also work the election polls throughout the day and to the final tally of votes and entry. Most of you that know me personally are aware of my commitment and equitable application in these areas. I am asking for your vote in the upcoming election to serve you once again as Justice of the Peace.

Thank You,  
**Betsy Jesser**

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Schoolhouse  
w/Vickie + Galen  
4923910      4177631

\*ALL WELCOME\*

Hello Shrewsbury residents.

My name is Korrine Rodrigue and I am running for Rutland County Senate to represent all residents on key issues that are not currently being addressed in Montpelier. Four years ago, I co-founded Project VISION with the Rutland City Police Department to tackle important issues affecting our region such as the substance abuse epidemic, property crime, and the overall quality of life issues. Although we have made some progress, these issues remain a great challenge in our county. I have decided to run for office to bring my skills to Montpelier to bring about needed change.

There have been incredible initiatives over the last few years, from revitalizing our downtown, Project VISION, and the Rutland Young Professionals, with many people working tirelessly to change the negative perception and conversation about Rutland but more work needs to be done. We need new leadership and someone who is willing to do things differently and I believe that I am that person who can make a positive difference in the Senate.

I grew up in Glens Falls, N.Y., where my parents still live today. My parents raised me to have a strong work ethic, to be involved in my community, and to look for ways to help people in need. My great-grandfather was a New York City police officer, my grandfathers were both in the United States Armed Forces, and my grandmother was an elementary school teacher during a time when women did not typically go to college.

My parents were always looking out for people in need and brought me to volunteer in soup kitchens, deliver food to the elderly, and to donate toys and clothing, especially around the holidays. I went to Ithaca College in New York to study clinical sociology and psychology. I moved to Miami, Florida to attend graduate school at the University of Miami.

I have had the opportunity to work as a public health researcher at the University of Miami (UM) Medical School for 16 years. I enjoyed living in Miami and working on large scale projects to bring about important and critical community change but wanted to raise my family with the same small town community feel that I was raised in.

I have lived permanently in Rutland Town for over 12 years. My husband, Rich Rodrigue was born and raised in Rutland. We are proud to be raising our family here and have a wonderful circle of friends. I am proud that our state is famous for our maple syrup, cheese, craft beer, and that many people dream about living here for our great quality of life. However, as a twelve-year resident of Rutland County, I have witnessed first-hand through my community work the problems that we are facing. I am running for office to address the key issues that are impacting so many people in Rutland County.

My campaign is focused on providing real, research-based solutions to the current opiate epidemic, focusing on the children that are on the front lines of this national problem, high taxes that are making Vermont unaffordable, and helping to create a vision for our economy that brings about new opportunities and productive jobs for all people. We need to improve our economy in Rutland County by making it more supportive for both small businesses and other companies to relocate here and, for existing businesses, to stay and continue to experience growth through tax credits and a streamlined regulatory process.

Rutland County is an unbelievable place with a sense of community that is like no other, but our economy is stagnant and many of our resources are tapped. Over the last three years, I have been engaged and committed to this community as a public servant to help establish Project VISION and to build a public health and crime-based strategy that works. Project VISION is now a statewide model that others are looking to replicate in their communities. In order to bring about change we must be willing to break down silos to improve communication and collaboration, have a clear strategy and vision, and be willing to try different things that have been proven successful in other communities.

Working with hundreds of others, I have accomplished this with Project VISION and will do the same in Montpelier. I believe that my life's experiences, professional expertise, my abilities, skills, political philosophy and understanding of the issues uniquely qualify me to be an authentic representative of Rutland County residents and position me as the best candidate for Rutland County State Senate. Please help me become your senator. You can contact me at [korrineforsenate@gmail.com](mailto:korrineforsenate@gmail.com) and my website is: [www.korrineforsenate.com](http://www.korrineforsenate.com)

**Korrine Rodrigue for Rutland County Senate**

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## Wallingford Rotary Club Events

The Wallingford Rotary is holding a chili dinner on Sunday, October 30, from 4:30-6:30pm at the Little Red School House (96 North Main St. Wallingford). There will be vegetarian and meat chili with homemade cornbread, coleslaw/salad and assorted desserts. \$10 adults and \$5 children aged under 12 and under. Some of our recent community activities include Bike Safety day where children from both Shrewsbury and Wallingford receive free bicycle helmets and bike safety instruction. Wallingford Rotary also provides college scholarships to Mill River HS students. We also provide all third grade students in the school district with dictionaries. Please come and enjoy a meal while supporting our fund-raising process. If you have any questions, please contact Barry Griffith 492-3573 or Randell Barclay 492-3794.



The Wallingford Rotary Club provides personal dictionaries to area third graders to promote literacy. Pictured with their books at the Shrewsbury Mountain School (l to r): Madison Paul, Conner Myhre, Wilder Brooks, Trenton Webster, Grady Ryan, Riley Collins



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## Dispose of Leftover Paint!

Unwanted old paint is being collected at several Rutland locations as part of the PaintCare Program to recycle paint. It's easy, it's free, and it's great to get rid of unwanted leftover paint! Check out the website for details and locations at :

**[paintcare.org](http://paintcare.org)**

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*PP Bob Ferguson, Cairo Shriners, Rutland*



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## Wine Tasting at Pierce's



Join us Friday, November 11, from 5pm to 7pm at Pierce's Store for a pre-Thanksgiving wine tasting to showcase four terrific wines which pair well with the turkey and trimmings. We were able to get them at discounts from 20% to 33% from their regular prices during a show hosted by one of our distributors: a classy estate bottled Sauvignon Blanc from New Zealand and a refined sparkling Blanc de Blanc from Alsace, both for under \$10. We'll also be featuring a spicy Pinot Noir from California for under \$12 for the red wine drinkers around the holiday table. Last but certainly not least, a perfectly balanced dry Riesling from the NY Finger Lakes for \$14.99.

Here are additional ideas for interesting Thanksgiving pairings (not part of the tasting): Vermont's own Boyden Valley Winery offers a turkey-friendly cranberry wine for \$16.99 and a refreshing sparkling drink made by combining hard apple cider with cranberry wine for \$10.99. For a dessert wine to go with the pumpkin pie, what could be better than Boyden Valley's Vermont Ice Cider for \$29.99? We'll have a sign-up sheet for these and some other great holiday wine deals. *Submitted by Sandy Bragg*



### Saturday Morning at Pierce's: Vermont Croissants



Selections include Ham & Cheddar; Spinach & Feta; Almond; Chocolate; Plain; Danish and/or Galette



## Spring Lake Ranch

Therapeutic Community  
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### A Year in the Woods

Each season calls on a variety of community involvement and this year, particularly, felt engaging. I was privileged to work alongside an enthusiastic crew of wood choppers who kept me busy with the chainsaw just trying to keep up. The myriad of woodpiles up along the Ridge is testament to their efforts. The many footpaths we trod into the snow connected us from the warmth of our wood stove to the pockets of wood to be cut and split. The Ridge Loop area was one of the most beautiful we had worked in since my start at the Ranch ('99) with its sense of being at one of the Ranch's highest points.

As Winter melted into Spring, we began our tree tapping. The lack of snow was mostly disappointing to many of us who like to make the most of it on skis or snowshoes. However, it made getting around much easier. The sap started flowing early this year but we were quick to catch up and capitalize on the late February runs. With a very warm early March, it seemed dire to the season we could expect. But, a significant cool down kicked everything into gear and we made 560 gallons of syrup. This year we made about 80 gallons of Golden Delicate and my first tastes of it were astounding. While I prefer the darker grades, this tasted like it had a buttery hint that had me considering golden in a new light (eww... bad pun).

Onto Summer, which is great to me because it provides us the opportunity to exercise our more delicate sensibilities in caring for the many flowerbeds across the Ranch landscape. This, in addition to the variation of jobs (slate walk, stone walls, path upkeep, lawns) makes for an ever-changing plate of options. I could really see how much care my crew put into this more detail-oriented work and the result is this beautiful setting many of us call home.

These seasonal shifts feel so much a part of my own inner rhythms after living and working here so many years and I feel fortunate to experience how changes in the land and air around me can inform me to needs that a time of year require. It resonates as connection. By embracing this connection, we as individuals have the power to heal communities starting with our own.

*Submitted by Doug Patton  
Wood Crew Manager*

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## NEWS FROM PIERCE'S STORE

Monday-Saturday 7am-7pm  
Sunday 8am-5pm

Sally Deinzer, Manager

If you want a fresh Vermont raised turkey for your table, you can order one through Pierce's. We're getting them from Stonewood Farm (\$3.99/#) and Misty Knoll Farm (\$4.79/#). All are humanely raised, fed vegetable-based feed with no antibiotics or hormones and have not been frozen. Sizes range from 12 to 30+ pounds. Order forms are at the store or you can just email to pierces.store@gmail.com with your request. Orders must be in to me no later than November 8<sup>th</sup> for delivery the week of Thanksgiving.

Here's the **anticipated menu for November**. If there's something particular you're looking for please call ahead (492-3326) to be sure there wasn't a menu change. The menu will be posted daily on our Facebook page and sent out to the daily e-mail list. If you want to be included on the e-mail distribution, please let me know at pierces.store@gmail.com. During the winter months, Rob continues to make a few salads, particularly ones that can easily become a sandwich. We'll publish a daily menu Monday – Friday on Facebook and to our email list.

### Hot Soups:

|                     |                                 |
|---------------------|---------------------------------|
| 11/1, 11/11, 11/21  | Clam Chowder                    |
| 11/2, 11/12, 11/22  | Yucatan Chicken                 |
| 11/3, 11/13, 11/23  | Creole Lentil with Andouille    |
| 11/4, 11/14, 11/24  | French Vegetable with Cannelini |
| 11/5, 11/15, 11/25  | Cream of Mushroom               |
| 11/6, 11/16, 11/26  | French Carrot                   |
| 11/7, 11/17, 11/2   | Chicken Gumbo                   |
| 11/8, 11/18, 11/28  | Split pea with ham              |
| 11/9, 11/19, 11/29  | Italian Vegetable               |
| 11/10, 11/20, 11/30 | Southwest Butternut Squash      |

### Regular hot meals in the crockpot:

|          |                                                              |
|----------|--------------------------------------------------------------|
| Monday   | Chili con Carne or Goulash                                   |
| Thursday | Pulled Pork Sandwiches or Sloppy Joes on Rob's homemade buns |

Sometimes there may be another hot crock pot item.

### Specialty Wednesday Pizza Varieties

|       |                                                                      |
|-------|----------------------------------------------------------------------|
| 11/2  | Caramelized Onion, Mozzarella & Gorgonzola cheeses                   |
| 11/9  | Marinara with Sausage, Sweet Peppers & Mozzarella                    |
| 11/16 | Marinara with Sautéed Mushrooms & Mozzarella                         |
| 11/23 | Marinara with Chopped Olives, Capers, Anchovies & Mozzarella         |
| 11/30 | Butternut Squash, Caramelized Onion, Mozzarella & Gorgonzola cheeses |



Pierce's will be open on Thanksgiving for a few hours – watch the store and our daily e-mail and Facebook posts for exact times. Rob's special offerings for your holiday table will be: Dinner Rolls, Pumpkin Pie, Pecan Pie, Holiday Bread. Order forms will be at the store.

**Our orange juice machine has a name: Squeazy.** Thanks Dino Rice! On weekend mornings you'll be able to sample the juice and we hope you'll like it! For a period of time, we're doing a promotion so you can get a free cup (12 oz) after purchasing 5 cups at the regular price of \$2.99. We also sell a quart of juice for \$8.99. Bring your own container – a quart Mason jar works beautifully!

~~~~~

Remember to bring your shopping list to Pierce's on Tuesday. If you purchase at least \$20 of products (there are some exceptions) you'll receive 10% off your bill. You do not have to be a member to take advantage of this benefit.

Pierce's Store Seafood Pre-Orders

Availability posted late Monday
Pre-Order by 5pm Tuesday
Delivery Wednesday afternoon

Friday Night Dinners

Rob's Friday Mac & Cheese, Lasagna, Baked Ziti or other special meals are available from about 11am. each Friday until they are gone.

Friday Take-Out Dinners are available by reservation. Limited quantities are available.

Please call ahead – 492-3326.

Only one take-out meal this month because of the Thanksgiving holiday.

Nov 11 - Lavinia Seide and Jan O'Hara will prepare Roast Pork with Mashed Potatoes and Gravy, Whole Berry Cranberry Sauce, Veggies and Dessert.

Meals will be available on Fridays 5:00 to 7:00pm...and on Saturday until they run out. It's best to call ahead and reserve your order!

If you are interested in making a meal, please contact either Heather Shay at 492-2284, or Sally Deinzer at the store: 492-3326,

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